

LIFE IS A HIGHWAY

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Count: 32

Wall: 2

Level: intermediate

Choreographer: Barry & Cassie Durand

Music: Life Is A Highway by Rascal Flatts

KICK STEP, ROCK STEP, KICK STEP, ROCK STEP, ROCK $\frac{3}{4}$ TURN SAILOR

1&2& Kick left, step left, side rock right to right side, recover left

3&4& Kick right, step right, side rock left to left side., recover right

5-6 Turn $\frac{1}{4}$ turn right rock weight onto left recover onto right

7&8 $\frac{3}{4}$ turning sailor step to the left by crossing left behind right ($\frac{1}{4}$ turn), step in place right ($\frac{1}{4}$ turn), step slightly forward left ($\frac{1}{4}$ turn)

When doing 5-8 you can teach it like a cross over rock with a $\frac{1}{2}$ turning sailor if that is easier. Either way you still face 6:00 when you are done

FORWARD & BACK ROCKS, SHUFFLE, TAPS, SIDE SHUFFLE

1&2& Step right to front, recover weight on left, step right to back, recover weight on left

3&4 Shuffle forward right, left, right

5-6 Keeping weight on right, touch left to left side, cross touch left over right

7&8 Shuffle to the left stepping left, right, left

There is a tag & restart here on the 9th wall (but you really don't have to do it). If you do, you need to do an extra right step together on & (7&8&)

JAZZ BOX TWICE, KNEE WAGS

1&2& Cross right over left, step back left, step side right, step front left

3&4& Cross right over left, step back left, step back right, tap together left

5&6 On a left diagonal press left toe forward, swivel left knee to right (wag), swivel left knee to left as you place weight on left

7&8 On a right diagonal press right toe forward, swivel right knee to left (wag), swivel right knee to right as you place weight on right

ROCK RECOVER TURNING SHUFFLE TWICE

1-2 Rock forward left, recover weight to right

3&4½ turn left doing a shuffle step left, right, left

5-6 Rock forward right, recover weight to left

7&8½ turn right doing a shuffle step left, right, left

REPEAT

TAG

After the 7th wall (required) and after 16 counts of 9th wall (not required)

1-2 Step left forward, pivot ½ turn to the right stepping on right

3-4 Step left forward, pivot ½ turn to the right stepping on right

Begin again