

# CATCH THE RHYTHM

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**Count:** 32      **Wall:** 2      **Level:** beginner/intermediate line/contra dance

**Choreographer:** Cindi Talbot

**Music:** Olé Olé (English Version) by Eleven Thirty

## STEP, KICK, TOUCH BACK, HIP \ HIP, HIP, HITCH, STEP BACK

- 1-2      Step forward left, kick right forward
- 3-4      Touch right toe back, drop right heel as you push right hip to right
- 5-6      Push left hip forward, push right hip back
- 7-8      Hitch left knee, step back on left

## CROSS, STEP, CROSS, TOUCH/ CROSS, STEP, CROSS, TOUCH

- 9-10      Cross right over left, step left to left
- 11-12      Cross right over left, touch left toe to left side (variation: &12 rock left to left, in place right)
- 13-14      Cross left over right, step right to right
- 15-16      Cross left over right, touch right to right side (variation: &16 rock right to right, in place left)

## CROSS, TOUCH/ CROSS, TOUCH/ STEP, PIVOT, SHUFFLE

- 17-18      Moving forward, cross right over left, touch left toe to left (variation: &18 rock left to left, in place right)
- 19-20      Moving forward, cross left over right, touch right toe to right (variation: &20 rock right to right, in place left)
- 21-22      Step forward right, pivot ½ turn transferring weight to left foot
- 23&24      Shuffle forward right-left-right

## ROCK FORWARD/ ROCK BACK / WALK LEFT-RIGHT-LEFT-RIGHT

- 25-26      Rock forward on left, recover on right
- 27-28      Rock back on left, recover on right
- 29-32      Walk forward (use hips) left-right-left-right

**When dancing to Ole Ole, clap hands with every step when they sing Hey! Hey! Hey! Hey!**

## REPEAT