

# Please Be Gentle

LINEDANCE.COM

**Count:** 32                      **Wall:** 2                      **Level:** Beginner

**Choreographer:** Forty Arroyo (April 2011)

**Music:** Sentimental by Gareth Gates

**A great floor split for the popular line dance Sentimental by Rachael McEnaney**

**Starts on vocals (32 counts in)**

**BACK, BACK, COASTER STEP, STEP, SCUFF, STEP, SCUFF**

- 1-2**            Step R back, Step L back
- 3&4**            Step R back, Step L next to R, Step R forward
- 5-8**            Step L forward, Scuff R , Step R forward, Scuff L

**HEEL GRIND, COASTER STEP, SIDE HEEL GRIND, WEAVE**

- 1-2**            Press L heel forward - pointing toes to Right, (Fan L toes to left - while stepping slightly back on R.)

**EASY Option: Tap L Heel forward - twice for counts 1 and 2**

- 3&4**            Step L back, Step R next to R, Step L forward
- 5**                Stepping slightly side R - Press R heel to side (point toes to left)
- 6**                Fan R toes right - while stepping L in Place

**EASY OPTION(5-6): Tap R heel to side - twice for counts 5 and 6**

- 7&8**            Step R behind L, Step L to side, Step R in front of L

**CHASSE' LEFT, WALK FORWARD R-L, CHASSE' RIGHT, WALK BACK L-R**

- 1&2**            Step L to side, Step R next to L, Step L to side
- 3-4**            Step forward on R, Step forward on L
- 5&6**            Step R to side, Step L next to R, Step R to side
- 7-8**            Step back on L, Step back on R

**ROCK , STEP, STEP, ½ TURN, STEP, TOUCH 3X**

- 1-2**            Rock back on L, Step R in place (recover weight on R)
- 3-4**            Step forward on L, Pivot ½ to right - shifting weight to RF

**5-6** Step forward on L, Touch R toes forward

**7-8** Touch R toes back, Touch R toes forward

**START OVER**

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