

It Feels Good, It Feels Right

LINEDANCE.COM

Count: 48 **Wall:** 4 **Level:** High Beginner

Choreographer: Treece & Shell (Colorado Springs, CO) July 2015

Music: "It Feels Good" by Drake White

Intro 8 counts from the downbeat

S1: Fwd steps R, L, R, L, with Claps

1, 2 & 3, 4 Step Right forward, hold clap, clap, step Left forward, hold clap

5, 6 & 7, 8 step Right forward, hold clap, clap, step Left forward, hold clap

S2: Fwd R roc, rec, triple back, Back Roc Rec, triple fwd

1, 2, Rock forward on Right, Recover on Left,

3 & 4 Step back on Right, step left next to Right, Step back on Right,

5, 6, Rock back on Left, recover on Right,

7 & 8 Step forward on Left, step Right next to Left, step forward on Left

S3: Right Jazz box cross, Sways RLRL

1 - 4 Step Right in front of Left, Step Left back, step Right next to Left, Step Left over Right

5 - 8 Step right on Right, Swaying body Right, Left, Right, Left (weight ending on left)

S4: Triple Right, Roc, Rec (Lindy), $\frac{3}{4}$ Right turn, triple fwd LRL

1 & 2 Step Right to Right side, step Left next to Right, step Right to Right

3 - 4 Rock back on Left, Recover on Right

5 - 6 Step forward on Left, turn $\frac{1}{2}$ right, step back on Right,

7 & 8 Turn $\frac{1}{4}$ to right, Step forward on Left, step Right next to left, step forward on Left.

S5: Step touches fwd & back

1 - 4 Step forward on Right, touch Left to side, Step forward on Left, touch Right to side,

5 - 8 Step back on Right, touch Left to side, step back on Left, touch Right to side

S6: Heel Switches, Step & $\frac{1}{4}$ turn Step, twice

1&2& Touch R heel forward, step R to L, touch L heel forward, step L to R

3 - 4 Step forward R, turn $\frac{1}{4}$ left and step L

5&6& Touch R heel forward, step R to L, touch L heel forward, step L to R

7 - 8 Step forward R, turn 1/4 left and step L

REPEAT - ENJOY! No Tags, No Restarts

Contact: SHELL PAAP - 719-660-3424 - shell@comedancewithshell.com -

www.comedancewithshell.com