

# Pigeon's Foot

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**Count:** 40

**Wall:** 4

**Level:** Easy Intermediate Polka

**Choreographer:** Magali CHABRET - Nov, 2015

**Music:** Pigeon's Foot (The Lonesome Trio) - [CD : The Lonesome Trio, 16 June, 2015]139 bpm

## #16 counts intro

### Section 1 - RIGHT TRIPLE FWD, LEFT TRIPLE FWD, OUT-OUT, HOLD, RIGHT SAILOR

- 1&2** Step right forward – step left beside right – step right forward
- 3&4** Step left forward – step right beside left – step left forward
- &5-6** Step right diagonally right forward (out) – step left to left side (out) – hold
- 7&8** Step ball of right behind left – step left to side – step right to side

### Section 2 - TOUCH, SCOOT, BACK, BACK ROCK, KICK BALL STEP, KICK BALL TOUCH

- 1&2** Touch left toe behind right – scoot back on ball of right – step back on left
- 3-4** Rock back on right – recover onto left
- 5&6** Kick right forward – step right next to left – step left forward
- 7&8** Kick right forward – step right next to left – touch left toe beside right

### Section 3 - CHASSE L, ¼ RIGHT WITH CHASSE R, ¼ RIGHT WITH CHASSE L, ¼ RIGHT WITH CHASSE R

- 1&2** Step left to side – step right beside left – step left to side
- 3&4** 1/4 turn right stepping right to side – step left beside right – step right to side
- 5&6** 1/4 turn right stepping left to side – step right beside left – step left to side
- 7&8** 1/4 turn right stepping right to side – step left beside right – step right to side (9:00)

### Section 4 - HEEL GRIND, SIDE, BEHIND, SIDE, HEEL GRIND, SIDE, TOGETHER (appart position), SWIVET

- 1-2** Cross left heel over right – grind left heel stepping right to side
- 3&** Step left behind right – step right to side
- 4-5** Cross left heel over right – grind left heel stepping right to side
- 6** Step left beside right (appart position)

**7-8** Swivel right toe to right & left heel to left - drop to center (weight on right)

**Option fun : &7&8 Swivet to right (&) - drop to center (7) - Swivet to left (&) - drop to center (8)**

**Section 5 - LEFT ROLLING VINE, HOLD, RIGHT JAZZ BOX SQUARE**

**1-2-3 1/4 turn left stepping left forward - 1/2 turn left stepping back on right - 1/4 turn left stepping left to side (9:00)**

**4** Hold \*\* Restart \*\*

**5-8** Cross right over left - step back on left - step right to side - step left forward

**RESTART : during 3rd and 7th walls, dance 36 counts, then Restart from the beginning, face to 3:00**

**« Croquez la vie à pleines danses ! »**

**Original stepsheet of the choreographer - [galicountry76@yahoo.fr](mailto:galicountry76@yahoo.fr) - [www.galichabret.com](http://www.galichabret.com)**