

BHANGRA KNIGHTS

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Count: 32

Wall: 4

Level: intermediate

Choreographer: The Girls (Maureen & Michelle Jones)

Music: Bhangra Knights vs. Husan by Husan

ROCK, SAILOR, CROSS ROCK, ¼ TURN, ¼ TURN WITH POINT

- 1-2** Rock right to right, recover on left
- 3&4** Step right behind left, step left to left, step right to right
- 5-6** Rock left across right, recover on right
- 7-8** Making ¼ turn left step left forward, making ¼ turn left point right to right

CROSS ROCK, SIDE, TOGETHER, BACK, DRAG, KICK-BALL-STEP

- 9-10** Angling body towards left diagonal rock forward on right, recover on left
- 11-12** Angling body towards right diagonal step right large step right, step left beside right
- 13-14** Still angling towards right diagonal step right large step back, drag left towards right
- &15&16** Quick step left beside right and straighten up to wall (6:00), kick right across left, step right in place, step left forward

HITCH, ¼ TURN, HITCH, DIP, HIP BUMPS, HITCH-BACK-BACK

- 17-18** Hitch right knee, keeping weight on left make ¼ turn right and hitch right knee
- 19-20** Step right large step to right side bending knees, drag left beside right straightening knees
- 21-22** Bump hips left, bump hips right

During counts 19-22, hands are palm to palm ('prayer' position) in front of chest. On hip bumps move hands slightly to left and then slightly to right to mirror hip movements.

- &23** Transfer weight to left, small hitch with right knee
- &24** Step right back, step left back

ROCK, STEP, ½ TURN WITH HITCH, SIDE, DRAG, STEP, DIAGONAL ROCK, STEP

- 25-26** Rock back on right, recover forward on left
- 27-28** Step right forward, make ½ turn left and hitch left knee
- 29-30** Step left large step left, drag right towards left

&31-32& Step right beside left, rock left diagonally back left, recover weight forward on right, step left beside right

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=63080