

# Not My Medicine

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**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Magali CHABRET (Fr) - January 2018

**Music:** Medicine (Kelly Clarkson) - [CD : Meaning Of Life, October, 2017] 123 bpm

## #16 counts intro

### S1 - WALK, WALK, PIVOT ½ L, OUT, OUT, R SAILOR STEP

- 1-2            Step Rf forward – step Lf forward
- 3-4            Step Rf forward – pivot 1/2 turn left (6:00)
- 5-6            Step ball of Rf diagonally right forward (out) – step Lf diagonally left (out)
- 7&8            Cross ball of Rf behind Lf – step Lf to left side – step Rf to right side, slightly forward

### S2 - BEHIND, ¼ R, PIVOT ½ R, ROCK FWD, BALL, R HEEL STRUT, CLOSE

- 1-2            Cross Lf behind Rf – turn 1/4 right stepping Rf forward (9:00)
- 3-4            Step Lf forward – pivot 1/2 turn right (3:00)
- 5-6            Rock Lf forward – recover onto Rf
- &7-8           Step ball of Lf beside Rf – step right heel forward – drop right toe
- &                Step ball of Lf beside Rf

## Restart here, wall 2 and wall 5

### S3 - STEP, ROCK FWD, ¾ L, BEHIND SIDE CROSS, SIDE

- 1-2-3           Step Rf forward – rock Lf forward – recover onto Rf
- 4-5            Turn 1/2 left stepping Lf forward – turn 1/4 left stepping Rf to right side (6:00)
- 6&7            Cross Lf behind Rf – step Rf to right side – cross Lf over Rf
- 8                Long step Rf to right side

### S4 - TOUCH, SIDE, SAILOR ¼ R, ROCK FWD, COASTER STEP

- 1-2            Touch left toe next to Rf – step Lf to left side
- 3&4            Cross ball of Rf behind Lf – turn 1/4 right stepping Lf beside Rf – step Rf forward (9:00)
- 5-6            Rock Lf forward – recover onto Rf
- 7&8            Step back on ball of Lf – close Rf next to Lf – step Lf forward

**Restart during wall 2 and wall 5**

**« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr -  
www.galichabret.com**

**Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque  
manière que ce soit.**

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