

ME MA'S SHAM ROCK

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Count: 64

Wall: 4

Level: intermediate

Choreographer: Matthew Atkins

Music: Tell Me Ma by Sham Rock

1&2 Point right to right side, hitch right in front of left, cross right over left

3&4 Step left back, step right beside left, step left forward

5-6 Rock right to right side, recover onto left

7&8 Step right to right side, step left beside right, step right to right

1-2 Rock left in front of right, recover on right

3&4 Triple a full reverse turn over left shoulder on a left, right, left

5&6 Put right heel forward, step right foot together, put left heel forward

&7-8 Step left foot together, put right heel forward, clap

1-2 Step onto left, pivot half a turn right

3&4 Left shuffle

5-6 Rock forward onto right, recover on left

7&8 Triple a three quarter turn right on a right, left, right

1-2 Rock left forward, back on right

3&4 Coaster step left

5-6 Point right to right, place it beside left

7-8 Pivot half turn pointing left, bring in place

1 Rock diagonally forward to left on right foot

& Step left foot in place

2 Rock diagonally back to right on right foot, kicking left foot forward
& Step left foot in place
3 Rock diagonally forward to left on right foot
& Step left foot in place
4 Rock diagonally back to right on right foot, kicking left foot forward
& Step left foot in place
5 Rock diagonally forward to left on right foot
& Step left foot in place
6 Rock diagonally back to right on right foot, kicking left foot forward
& Step left foot in place rock diagonally forward to left on right foot
7 Step left foot in place
& Rock diagonally back to right on right foot, kicking left foot forward
8 Step left foot in place

1-2 Rock right to right, recover on left

3&4 Sailor step half turn

5&6 Forward mambo right

7&8 Back mambo left

1-2 Step right to right, hold

&3-4 Ball change, hold

&5-6 Ball change, hold

7&8 Left sailor step with quarter turn left

1-8 Full turn, mambo step forward, two walks back, coaster step

REPEAT