

# Hooked On A Feeling

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**Count:** 42

**Wall:** —

**Level:** Phrased Beginner - Novice

**Choreographer:** Marianne Möllerström - AKA mama MOO (Sweden)

**Music:** Hooked on a Feeling by Björn Skifs BPM:116

**Part A:16 counts Part B:8 counts Part C: 8 Part D: 2 counts**

**Sections to be danced:**

**A, B, A to count 16, C, A,, D, A, B, A, B , A to count 16,C,A,D,A, A to count 16,C,A,A,A**

**Choreographers note: This looks very difficult but it's NOT!**

**In total it's just 42 counts to keep in mind!**

**16 count intro, start on vocals - Section A:**

**Step, Hold, trippleturn $\frac{1}{2}$  R, Step, Hold, Chassé**

**1-2,3&4** Step(strongly) Left foot forward, Hold, triple turn  $\frac{1}{2}$  Right

**5-6,7&8** Step(strongly) Left foot forward, Hold ,Right Chassé

**Rock step, Left: side, together, Left Chassé, step Right back, Left Flick**

**1-4** Rock Left forward, recover on Right, step Left to left, step Right together

**5&6,7,8** Left Chassé, step back on Right, flick Left back

**Rock step, Coaster step, Turn  $\frac{1}{4}$  Left, Turn  $\frac{1}{2}$  Left**

**1-2,3&4** Rock Left forward, recover on Right, Left coaster step back(step L back R together, L forward

**5-6-7-8** Turn  $\frac{1}{4}$  left(weight on L)stepping Right to right, Hold, Turn  $\frac{1}{2}$  left(weight on R)stepping Left to left, Hold

**Section B:**

**Back rock, Rock & Cross, Touch, Flick turn  $\frac{1}{4}$  Right, walk x2**

**1-2,3&4** Rock Right back, recover on Left, rock Right to right recover on Left, cross Right in front of Left(weight on Right)

**5-6-7-8** Touch Left forward, flick Left back turning  $\frac{1}{4}$  right, Walk forward Left Right

**Section C:**

## **Sweep arm, stomp x2, Clap x2**

**1-4** Sweep Right arm from front to right side

**5-6-7-8** Stomp forward Left, Right(feet slightly apart, parallel),clap hands twice

## **Section D:**

### **Stomp x2**

**1-2** Stomp Right forward ,stomp (up, no weight) Left forward

**Have FUN with this dance and hook on to the feelin'!**