

Count: 48

Wall: 4

Level: intermediate

Choreographer: Rita Archer

Music: Man! I Feel Like A Woman by Shania Twain

SHUFFLE, PIVOT TURN HOOK, STOMPS

- 1&2** Right shuffle forward (right-left-right) 3-&-4 left shuffle forward (left-right-left)
- 5-6** Step right forward, pivot $\frac{1}{2}$ left turn, left hook (lift left heel cross right knee)
- 7-8** Left stomp, right stomp

PIVOT TURN HOOK, STOMPS, HEEL & TOE

- 1-2** Step left forward, pivot $\frac{1}{2}$ right turn, right hook (lift right heel cross left knee)
- 3-4** Right stomp, left stomp
- 5-8** Left heel in front, bring left next to right, right toe in back, slide right next to left

SWIVELS, STOMP & CLAP/WOO

- 1-2** Move weight on balls of feet, bend knees, swivel heels to right/ knees to left, swivel heels to left, knees to right
- 3-4** Repeat beats 1-2
- 5-8** Left stomp to side, clap/woo (shout "woo"), right stomp to side, clap/woo

EXTENDED GRAPEVINE, KICK STEP HEEL

- 1-6** Left side step, right step behind left, left side step, right step in front left, left side step, right step behind left
- 7&8** Left kick to side, left step behind right, right heel forward

ROCK STEP, $\frac{3}{4}$ RIGHT TURN, KNEE BEND, TWISTS, KNEE BEND

- 1-2** Right rock forward, left rock back
- 3&4** Right $\frac{3}{4}$ turn during triple step (right-left-right)
- 5-6** Left knee lift (angle knee to right) replace weight on both feet, twist knees to left
- 7-8** Twist knees to right, right knee lift (angle knee to left)

STEP, HOOK, STEP, STOMP/CLAP/WOO, HIP ROLLS

- 1-2&** Step to side, left step behind, right side step

3-4 Left side step, right stomp next to left/clap/woo

5-82 hip rolls (left, back, right, forward)

REPEAT

TAG

When performed with "I'm From the Country": During the 7th Wall, (on chorus repeat "I'm from the country"), "Step, Hook Stomp, clap" sequence 2 additional times, then complete.

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=50382