

HERO

LINEDANCE.COM

Count: 32

Wall: 4

Level: intermediate

Choreographer: Bryan McWherter

Music: Hero (Dance Mix) by Enrique Iglesias

ROCK, RECOVER, STEP, ROCK, RECOVER, COASTER STEP, BRUSH, HITCH, STEP

- 1-2&** Rock forward onto your right foot, recover weight back onto left foot, step right foot next to left foot
- 3-4** Rock forward onto your left foot, recover weight back onto right foot
- 5&6** Step left foot slightly back, step right foot next to left, step left foot slightly forward
- 7&8** Brush your right foot next to your left, hitch right knee up, step right foot slightly forward

SHUFFLE FORWARD, ROCK FORWARD, RECOVER, STEP BACK, ½ TURN STEP, SHUFFLE FORWARD

- 1&2** Step left foot slightly forward, slide right next to left, step left foot slightly forward
- 3-4** Rock right foot forward, recover weight back to left
- 5-6** Step back onto right foot, step forward onto left making ½ turn left
- 7&8** Step right foot forward, step left foot next to right, step right foot forward

¼ TURN JAZZ BOX, TOUCH, STEP, TOUCH, STEP, TOUCH, KICK BALL CHANGE

- 1-2** Step left foot over right foot, step right foot slightly back
- 3-4** Step left foot slightly to left making a ¼ turn left, touch right toe next to left foot
- &5** Step right foot slightly back diagonally, touch left toe next to right foot
- &6** Step left foot slightly back diagonally, touch right toe next to left foot
- 7&8** Kick right foot forward, step right foot next to left, step left in place

STEP, LOCK, STEP, STEP, SWIVEL, RIGHT, CENTER, STEP, LOCK, STEP, STEP, SWIVEL, RIGHT, CENTER

- 1-2** Step right foot slightly forward diagonally, lock left foot behind right
- &3** Step right foot slightly forward diagonally, step left foot next to right
- &4** Swivel both heels right, swivel both heels back to center
- 5-6** Step left foot slightly forward diagonally, lock right foot behind left

&7 Step left foot slightly forward diagonally, step right foot next to left

&8 Swivel both heels left, swivel both heels back to center

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=52214