

Happy days

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Count: 64

Wall: 1

Level: Phrased Intermediate

Choreographer: Arne Stakkestad

Music: Happy Days by Pratt & McClain (BPM: 192)

Info: start the dance after 40 counts intro, 1 bridge 8 counts after 3th time part B

Order of dance: A, B, A, B, A, A, B, Bridge, A, B, A, B, A, A, A Ending

Part A 32 counts

Rumba Box

1-4 Right step to right side, Left step beside Right, Right step forward, hold

5-8 Left step to left side, Right step beside Left, Left step back, hold

¼ hitch right, step, lock, step, hold, ½ hitch left, step, lock, step, hold

&9-12 ¼ right and hitch Right knee, Right step forward, Left cross behind Right, Right step forward, hold (3h)

&13-16 ½ left and hitch Left knee, Left step forward, Right cross behind Left, Left step forward, hold (9h)

Toe struts, touch heel forward, hold, touch toe back, hold

17-20 Right toe strut forward, Left toe strut forward

21-22 Right touch heel forward , hold (bend backwards and Right thumb up)

23-24 Right touch toe backwards, hold (bend forward and Left thumb up)

Heel struts turn ¾ left

25-28 Right heel strut (begin ¾ turn left), Left heel strut

29-32 Right heel strut, Left heel strut (end the ¾ turn left) (12h)

Wave arms right, left, right, left, palm of hand forward

Part B 32 counts

Jazz box ½ right with holds

1-4 Right cross over Left, hold, Left step back, hold

5-8 ½ right and step Right forward, hold, Left step to left side, hold (6h)

Hip bumps with claps

9-12 Bump hips right (clap Rhand on Rhip), hold, bump hips Left (clap Lhand on Lhip), hold

13-16 Bump hips right, left, right, hold

Keep hands on hips

Pivot with holds, chug walk, hold

17-20 Left step forward, hold, ½ right and weight on Right, hold

21-22 Left forward with knees apart and together, Right forward with knees apart and together

23-24 Left forward with knees apart and together, hold

Option: 3 steps forward Left, Right, Left, hold

Shimmy shoulders, the Fonz attitude with thumbs up

25-28 Right step diagonal right forward and shake shoulders while you bend forward

29-32 Bend backwards with thumbs up, while you bend knees 4 counts (put weight on Left)

Add a “The Fonz” attitude

Bridge, once, after you danced part B for the third time

Rock step, cross behind, rock step, cross behind, rock step

1-2 Right rock to right side, recover on Left

3 Right cross behind Left

4-5 Left rock to left side, recover on Right

6 Left cross behind Right

7-8 Right rock to right side, recover on Left

Ending

After you have danced part AAA , the music is coming to an end. Use this counts to gather with heel struts at the center of the dance floor, the men with a “The Fonz” attitude, and the lady’s around the man, to end in a Broadway pose.

Have a “Happy Dance”, Arne Stakkestad