

# Formentera

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**Count:** 64      **Wall:** 1      **Level:** Beginner

**Choreographer:** Patrizia Porcu (Italy) Sept 2012

**Music:** "Formentera" by Giò Valeriani. Album: "Formentera" (3:46)

**Start: after 16 counts on the word "son" - NO TAG - NO RESTART**

## **SECTION 1: (1-8): BASIC SIDE MERENGUE R AND L**

**1-2-3-4: Step R side, step L beside R, step R side, point L beside R**

**5-6-7-8: Step L side, step R beside L, step L side, point R beside L**

## **SECTION 2: (9-16): BASIC MERENGUE FW AND BACK WITH R FOOT (WOL in place) x 2**

**1 - 2: Step R forward and clap hands, recover L and clap hands**

**3 - 4: Step R back, recover L shaking shoulders**

**5 - 8: REPEAT 1-4**

## **SECTION 3: (17-24): BASIC MERENGUE R AND L MAKING A FULL TURN IN PLACE**

**1 - 2: Step R side, step L side, turn  $\frac{1}{4}$  L (9:00)**

**3 - 8: Make the same steps turning  $\frac{1}{4}$  L on the others 3 walls**

## **SECTION 4: (25-32): REPEAT (1-8) SECTION 1**

## **SECTION 5: (33-40): PONY STEP R AND L X 2**

**1 & 2: Rock R on diagonal R, step ball L toe in place on same direction, recover R in place**

**3 & 4: Rock L on diagonal L, step ball R toe in place on same direction, recover L in place**

**5 & 6: REPEAT 1&2**

**7 & 8: REPEAT 3&4**

## **SECTION 6: (41-48): "OUT" FORWARD R AND L (SIDE BY SIDE), "IN" BACK R AND L, R SIDE, POINT, L SIDE, POINT**

**1 - 2: Step out forward R, step out forward L (side by side) Stand up R and L arm in accord with foot**

**3 - 4: Step in back R, step in back L (beside) Put down R and L arm in accord with foot**

**5 - 6: Step R side, point L (Shake shoulders)**

**7 - 8: Step L side, point R (Shake shoulders)**

### **SECTION 7: (49-56): BASIC R SIDE MERENGUE, TRIPLE STEP L FULL TURN**

**1-2-3-4: Step R side, step L beside R, step R side, point L beside R**

**5-6-7-8: Step L side, turn  $\frac{1}{2}$  L, step R side, turn  $\frac{1}{2}$  L, step L side, point R beside L**

### **SECTION 8: (57-64): REPEAT SECTION 6**

**NOTE: These steps are in Merengue style, so transfer completely weight on each foot with hips movements and .....**

**HAVE FUN AND SMILE !!!!!!!!!!!**

**For any ask contact me at: -**

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**GOOD DANCING.....KISSES FROM ROME.....**