

# Forever Young

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**Count:** 32      **Wall:** 2      **Level:** Beginner

**Choreographer:** Martie Papendorf . South Africa. (Oct. 2012)

**Music:** Forever Young - Rod Stewart.[ 4:05 - 102 bpm]

## Start on vocals. - 1 Restart

### S1: Rock across back, Back lock back, Rock back fwd, Fwd lock fwd

- 1,2      Rock L across R, Recover R back,  
3&4      Step L back, Lock R across L, Step L back,  
5,6      Rock R back, Recover L fwd,  
7&8      Step R fwd, Lock L behind R, Step R fwd

### S2: Cross, Side, Sailor ½ left, Cross, Side, Sailor step across

- 1,2      Step L across R, Step R to right side,  
3&4      Sweep and step L behind R making a ¼ turn left, [9.00] Rock R to right side making a ¼ turn left [6.00], Recover L to left side,  
5,6      Step R across L, Step L to left side,  
7&8      Sweep R out and step behind L, Step L to left side, Step R across L

## Restart here during wall 8 facing 12.00

### S3: Side, Together, Fwd, Lock, Fwd, Step, Pivot ¼ left, Coaster cross

- 1,2      Step L to left side, Close R to L,  
3&4      Step L fwd, Lock R behind L, Step L fwd,  
5,6      Step R fwd, Make a ¼ pivot turn left [weight to L][3.00],  
7&8      Step R back, Close L to R, Step R across L

### S4: Step, Hitch, Cross, Back ¼ right, Side, Cross, Hold, Step, Cross, Side

- 1,2      Step L fwd, Hitch R knee,  
3&4      Step R across L, Step L back making a ¼ turn right [6.00], Step R to right side,  
5,6      Step L across R, Hold,  
&7,8      Step R to right side, Step L across R, Step R to right side

**Restart: after section 2 during wall 8, facing 12.00**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=89388](https://www.linedance.com/index.php?f=dance_view&id=89388)