

BACK TRACK

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Count: 48 **Wall:** 4 **Level:** beginner

Choreographer: Dan Albro

Music: Shortenin' Bread by The Tractors

STOMP, HOLD, LEFT SAILOR SHUFFLE, SCOOT BACK

- 1-2 Stomp right foot, hold
- 3&4 Cross left foot behind right, step right foot to right side, step left foot next to right
- & Scoot back on left foot while hitching right leg

STOMP, HOLD, LEFT SAILOR SHUFFLE, SCOOT BACK

- 5-6 Stomp right foot, hold
- 7&8 Cross left foot behind right, step right foot to right side, step left foot next to right
- & Scoot back on left foot while hitching right leg

RIGHT AND LEFT SHUFFLES FORWARD, TWO-HALF PIVOT TURNS LEFT

- 1&2 Step right foot forward, step left foot next to right, step right foot forward
- 3&4 Step left foot forward, step right foot next to left, step left foot forward
- 5-6 Step forward on right foot, pivot $\frac{1}{2}$ left
- 7-8 Step forward on right foot, pivot $\frac{1}{2}$ left

BACK TRACK; HEEL SWITCHES BACK TO STARTING POSITION

- 1&2 Tap right heel forward, step back on right foot, tap left heel in place
- &3&4 Step back on left foot, tap right heel in place, step back on right foot, tap left heel in place

CROSS, HOLD, FULL TURN, CLAP

- &5-6 Step left foot back to center, cross right foot over left, hold
- 7-8 Unwind for a full turn left, clap hands on the hold

VINE RIGHT WITH WALK AROUND FULL TURN, AND TWO HALVES

- 1-3 Step right, cross left foot behind right, step right making a $\frac{1}{4}$ turn right
- 4-5 Step forward on left foot, pivot $\frac{1}{2}$ turn stepping forward on right

6 $\frac{1}{4}$ turn right stepping side left (facing original wall)

7-8 Full turn to the right traveling toward your left wall, stepping right, left (facing original wall)

SAIL AROUND THE WORLD

1&2 Cross right foot behind left (starting a $\frac{1}{4}$ turn right), step left foot to left side (completing $\frac{1}{4}$ turn right), step right foot to side parallel to new wall

3&4 Cross left foot behind right (starting a $\frac{1}{4}$ turn right), step right foot to right side (completing $\frac{1}{4}$ turn right), step left foot to side parallel to new wall

5&6 Cross right foot behind left (starting a $\frac{1}{4}$ turn right), step left foot to left side (completing $\frac{1}{4}$ turn right), step right foot to side parallel to new wall

7&8 Cross left foot behind right (starting a $\frac{1}{4}$ turn right), step right foot to right side (completing $\frac{1}{4}$ turn right), step left foot to side parallel to original wall

WEAVE LEFT, HEEL HOLD, WEAVE RIGHT, HEEL HOLD

1&2 Cross right foot behind left, step left foot to left, cross right foot over left

&3-4 Step left foot to side, tap right heel out, hold

&5 Quickly step down on right, cross left foot behind right

&6 Step right to side, cross left foot over right

&7-8 Step right to right side, tap left heel out, hold

& Step back on ball of left foot while hitching right

REPEAT