

# COWGIRL BLUES

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**Count:** 32

**Wall:** 2

**Level:** beginner/intermediate

**Choreographer:** Jacqui Cargill

**Music:** Men by The Forester Sisters

## GRAPEVINE RIGHT AND LEFT

**1-4** Step to side on right, cross left behind right, step to side on right, close with left

**5-8** Step to side on left, cross right behind left, step to side on left, close with right

## HIP SWAYS RIGHT AND LEFT, GRIND

**9-10** Sway hips to the right

**11-12** Sway hips to the left

**13-16** Grind/roll hips right, left, right, left

## HEEL BUMP ½ TURN LEFT, TOE TOUCHES

**17-18** Step forward on right and bump right heel

**19-20** On ball of right heel bump twice and pivot half turn left

**21-22** Point right toe to right side, close to right side

**23-24** Point left toe to left side, close to left side

## TOE STRUTS TRAVELING LEFT

**25-26** Cross right toe over left, drop right heel

**27-28** Touch left toe to left side, drop left heel

**29-30** Cross right toe over left, drop right heel

**31-32** Touch left toe to left side, drop left heel

## REPEAT