

# BEING GOOD

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**Count:** 60      **Wall:** —      **Level:** —

**Choreographer:** Ian St. Leon

**Music:** If You Can't Be Good, Be Good At It by Neal McCoy

- 1-2**      Step forward on right at 45 degrees right, lock left behind right,
- &3-4**      Step back on right at 45 degrees right, step forward on left at left 45 degrees, lock right behind left
- &5-6**      Step back on left at 45 degrees left, step forward on right at 45 degrees right, lock left behind right
- &7-8**      Step back on right at 45 degrees right, step forward on left at left 45 degrees, lock right behind left
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- &1-2**      Step forward on left, turn  $\frac{1}{4}$  left while stepping back on right, turn  $\frac{1}{2}$  left while step forward on left
- 3&4**      Shuffle forward right (right-left-right)
- 5-6**      Rock forward on left, rock/step back on right
- 7&8**      Cha-cha (left-right-left) as you turn  $\frac{1}{2}$  left
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- 1-2**      Rock forward on right, rock/step back on left
- 3&4**      Cha-cha (right-left-right) as you turn  $\frac{3}{8}$  right (facing 45 degrees right as if facing the front)
- 5-6**      Rock forward on left, rock/step back on right
- 7&8**      Cha-cha (left-right-left) as you turn  $\frac{1}{2}$  left (facing 45 degrees right as if facing the back)
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- 1-2**      Rock forward on right, rock/step back on left
- 3&4**      Coaster step-step back on right, step back on left, step forward on right
- 5-6**      Step left to left side, step right to right side turn 45 degrees right
- 7&8**      Left sailor shuffle-step left behind right, step right to right side, step left to left side

- 1&2** Right sailor shuffle-step right behind left, step left to left side, step right to right side
- 3-4** Step left behind right, unwind  $\frac{3}{4}$  (facing front)-weight on left
- 5&6** Side shuffle right (right-left-right)
- 7-8** Step forward on left, step right together-weight on right
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- &1&2** Step back on left, touch right heel forward, step back on right, step forward on left
- 3&4** Step right to right side, step left in place, step right across left
- &5&6** Step back on left, touch right heel forward, step back on right, step forward on left
- 7&8** Step right to right side, step left in place, step right across left
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- 1-2** Turn  $\frac{1}{4}$  turn left-step forward on left, step right together-weight on right
- 3&4** Coaster step-step back on left, step back on right, step forward on left
- 5&6-7-8** Side shuffle right (right-left-right), rock back on left, step forward on right
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- 1&2-3-4** Side shuffle left (left-right-left), rock back on right, step forward on left

**REPEAT**