

Chelsea Rodgers

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Count: 32 **Wall:** 4 **Level:** Intermediate

Choreographer: Hillary Kurt & "Daz" (Gary S) (UK) Sept '07

Music: Chelsea Rodgers by Prince, Album: Planet Earth

Intro: Count 32 beats after the phrase "Role Model", then start the dance.

Section 1 - Step Hitch, Sailor Step, Swivel $\frac{1}{4}$ Right, Sailor Step.

- 1-2** Step right to right side, hitch left knee up and out to left side.
- 3&4** Step left behind right, step right to right side, step left to left side.
- 5&6** Swivel heels left, right, left; making a $\frac{1}{4}$ turn right. Weight ends up on left.
- 7&8** Step right behind left, step left to left side, step right to right side.

Section 2 - Funky Walks With Knee Rolls, Jump Out & Backwards x2, Heel Bounce x2.

- 1-4** Walking forward left, right, left, right. As you walk, roll knees in and out, left and right.
- &5&6** Travelling backwards, jump out stepping left, right x2.
- 7-8** Bounce heels x2 ending with weight on left.

Section 3 - Heel Push x2 & Point & Cross, Bounce x2 $\frac{1}{2}$ Left, Back Rock Scuff.

- 1-2** Raise and push right heel diagonally across left twice.
- &3&4** Step right to right side, point left to left side, step down on left, cross right over left.
- 5-6** Bounce heels twice for a $\frac{1}{2}$ turn over left shoulder, ending with weight on right.
- 7&8** Rock back onto left, recover weight onto right, scuff left forward.

Section 4 - Hip Bumps x2, Forward Mambo, Back Rock Scuff.

- 1-2** Placing left to left side, bump hips left x2.
- 3-4** Bump hips right x2.
- 5&6** Rock left forward, recover onto right, step left next to right.
- 7&8** Rock back onto right, recover onto left, scuff right forward.

Begin again

Fade music out when exhaustion sets in!