

# DOWN & OUT

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**Count:** 32      **Wall:** 4      **Level:** intermediate

**Choreographer:** Paul & Karla Dornstedt

**Music:** Nobody Knows You When You're Down And Out by Eric Clapton

**"Nobody Knows You When You're Down And Out" is one of Gae McKinney's favorite songs. This one is for you Gae.**

## **SLOW SWAY LEFT, SWAY RIGHT, SWAY LEFT, SIDE SHUFFLE, ROCK, RECOVER**

- 1-2      Slowly sway left on left for two counts
- 3-4      Sway right on right, sway left on left
- 5&6      Step right side right, step left next to right, step right side right
- 7-8      Rock left behind right, recover weight forward on right

## **SIDE SHUFFLE, ROCK, RECOVER, TOGETHER, CROSS, HOLD, TOGETHER, ROCK, RECOVER**

- 1&2      Step left side left, step right next to left, step left side left
- 3-4      Rock right behind left, recover weight forward on left
- &5-6      Step right next to left, cross left over right, hold
- &7-8      Step right next to left, cross rock left over right, recover weight back on right

## **SWAY, SWAY, SIDE SHUFFLE, ROCK, RECOVER, ¼ TURN RIGHT TOE STRUT FORWARD**

- 1-2      Sway left on left, sway right on right
- 3&4      Step left side left, step right next to left, step left side left
- 5-6      Cross rock right over left, recover weight back on left
- 7-8      Turn ¼ right and step forward on right toe, drop right heel and take weight

## **½ TURN RIGHT TOE STRUT BACK, ROCK, RECOVER, TOGETHER, CROSS, SWEEP, CROSS SHUFFLE**

- 1-2      Turn ½ right and step back on left toe, drop left heel and take weight
- 3-4      Rock back on right, recover weight forward on left
- &      Step right next to left facing right forward diagonal
- 5      Step left forward across right and bend left knee (facing right forward diagonal)

- 6** Sweep right out and forward while going up on ball of left foot (turning slightly left to face left forward diagonal)
- 7&8** Cross right over left, step left side left, cross right over left (slightly forward left diagonal)

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=56779](https://www.linedance.com/index.php?f=dance_view&id=56779)