

# DANCE FOR TODAY

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**Count:** 56

**Wall:** 4

**Level:** intermediate

**Choreographer:** Glynn "Applejack" Rodgers

**Music:** A Good Day To Run by Darryl Worley

## HEELS TWICE, TOES TWICE, STAR

- 1-2 Dig right heel forward twice
- 3-4 Touch left toe back twice
- 5-6 Touch right toe forward and to right side
- 7-8 Touch right toe back, touch right toe in place

## RUMBA BOX

- 1-2 Step right to right side, close left to right
- 3-4 Step forward right, touch left beside right
- 5-6 Step left to left side, close right to left
- 7-8 Step back left, touch right beside left

## WEAVE, ROCK AND CROSS SHUFFLE

- 1-2 Step right to right side, step left behind right
- 3-4 Step right to right side, cross left over right
- 5-6 Rock right to right side, recover weight onto left
- 7&8 Cross right over left, close left to right, cross right over left

## WEAVE, PIVOT TURN AND SHUFFLE FORWARD

- 1-2 Step left to left side, step right behind left
- 3-4 Step left to left side, cross right over left
- 5-6 Step left slightly forward, pivot  $\frac{1}{4}$  turn right
- 7&8 Step left forward, close right to left, step forward left

## ROCK, COASTER STEP, PIVOT TWICE

- 1-2 Rock forward right, recover weight onto left
- 3&4 Step back right, close left to right, step forward right
- 5-6 Step forward right, pivot half turn left

**7-8** Step forward right, pivot half turn left

**STEP, KICK X3, COASTER STEP, PIVOT TURN**

**1-2** Step forward right, kick left foot forward

**3-4** Kick left foot forward twice

**5&6** Step back left, close right to left, step forward left

**7-8** Step forward right, pivot half turn left

**SHUFFLE, HALF TURN, STEP BACK, ROCK, PIVOT TURN**

**1&2** Step forward right, close left to right, step forward right

**3-4** Turn a half turn left, stepping back right, step back onto left foot

**5-6** Rock back onto right foot, recover weight onto left

**7-8** Step forward right, pivot half turn left

**REPEAT**