

# Country Girl

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**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Tracy Alldis & Rachael Young (Dec 2012)

**Music:** Country Girl (Shake it for me) Luke Bryan (106 bpm)

**Start on vocals, no Tags or Restarts (Danced Anti-clockwise)**

## **Section 1: RIGHT ROCK, RECOVER, RIGHT CROSS SHUFFLE, HINGE TURN LEFT CROSS SHUFFLE**

- 1-2**            Rock out right to right side, recover on left
- 3&4**           Right cross in front, left to left & right cross over left
- 5-6**           Step back on left  $\frac{1}{4}$  turn right, step forward  $\frac{1}{4}$  on right (turning right)
- 7&8**           Left cross in front, right to right side, left cross over right

## **Section 2: RIGHT & LEFT MAMBO, FWD RIGHT - PIVOT $\frac{1}{2}$ LEFT, FWD RIGHT - PIVOT $\frac{1}{2}$ LEFT**

- 1&2**            Rock out to right side, recover on left & place right next to left.
- 3&4**            Rock out to left side, recover on right & place left next to right.
- 5-6**            Step right forward, slow pivot on left foot  $\frac{1}{2}$  turn left
- 7-8**            Step right forward, slow pivot on left foot  $\frac{1}{2}$  turn left

## **Section 3: RIGHT ROCK, RECOVER, BEHIND-SIDE-CROSS, LEFT ROCK, RECOVER, BEHIND-SIDE $\frac{1}{4}$ TURN RIGHT**

- 1-2**            Rock out to right side, recover onto left,
- 3&4**            Right behind left, left to left side, right cross in front
- 5-6**            Left rock out to left side, recover on right,
- 7&8**            Left behind right, right to right side turning  $\frac{1}{4}$  right, left step forward

## **Section 4: RIGHT ROCK FWD, RECOVER, 2 X HALF TURNS RIGHT, BACK RIGHT- POINT LEFT, CROSS LEFT - TOUCH RIGHT**

- 1-2**            Rock forward on right, recover weight onto left
- 3-4 $\frac{1}{2}$**         turn right step back on right foot,  $\frac{1}{2}$  turn right, step fwd on left foot
- 5-6**            Step back on right – point left to left side

**7-8** Cross left over right, touch right next to left.

**Enjoy**

**Contact: [quotracy@yahoo.co.uk](mailto:quotracy@yahoo.co.uk)**

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