

# ARE YOU READY?

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**Count:** 80

**Wall:** 2

**Level:** intermediate

**Choreographer:** Jacquie Berkhout

**Music:** Blue Boy by John Fogerty

**Start facing 1/4 turn to right with right foot in front of left**

**HEEL TAPS, 1/4 TURN LEFT, WALK FORWARD, SAILOR SHUFFLES, KICK BALL CHANGE, STEP TURN 3/4**

**1-4** Four heel taps on the spot turning slowly 1/4 left (optional air punches)

**5-8** Walk/stride forward right-left-right-left

**RIGHT & LEFT SAILOR SHUFFLES, KICK BALL CHANGE, STEP TURN 3/4**

**1&2** Step right behind left, left to left side, replace right

**3&4** Step left behind right, right to right side, replace left

**5&6** Kick right across left, step right beside left, step left beside right

**7-8** Step right forward, making 3/4 turn to left taking weight on left

**SIDE SHUFFLE, STEP BACK, RETURN, HEEL BALL CROSS, HEEL BALL CROSS**

**1&2** Step right to right side, step left beside right, step right to right side

**3-4** Step left behind right (angle body to left diagonal), step forward on right

**5&6** Traveling left (still with body on diagonal) touch left heel at 45 degrees, step left next to right, step right over left

**7&8** Repeat counts 5&6

**STOMP, HOLD, SWIVEL LEFT, HOLD, SWIVEL RIGHT, HOLD, SWIVEL LEFT-RIGHT, SHIMMY**

**1-4** Stomp left to left, hold, swivel both heels left, hold

**5-6** Swivel both heels right-left

**7&8** Shimmy shoulders on the beat right-left-right (styling note: turn body 45 degrees left & right when swiveling. You should now be facing a corner for the next 32 counts of the dance)

## **SHUFFLE ON DIAGONAL LEFT, STEP HALF TURN LEFT, STEP HALF TURN LEFT, SHUFFLE ROCK FORWARD AND RECOVER**

- 1&2** Shuffle forward right-left-right
- 3-4** Step forward on left making  $\frac{1}{2}$  turn left, step back on right making a  $\frac{1}{2}$  turn left
- 5&6** Shuffle forward left-right-left
- 7-8** Rock/step forward on right, rock/step back on left

## **SHUFFLE BACKWARDS ON DIAGONAL RIGHT, $\frac{1}{2}$ TURN, FULL TURN SHUFFLE, KICK BALL CHANGE**

- 1&2** Shuffle back right-left-right
- 3-4** Making  $\frac{1}{2}$  turn left step forward left, making  $\frac{1}{2}$  turn left, step back right
- 5&6** Making  $\frac{1}{2}$  turn left step forward left-right-left
- 7&8** Kick right forward, step right beside left, step left beside right

## **KICK, KICK, STEP, STEP, SCUFF, SHUFFLE, SCUFF STEP**

- 1-2** Kick right foot forward, kick right foot forward
- &3-4** Step right beside left, step left beside right, scuff right forward
- 5&6** Shuffle right-left-right
- 7-8** Scuff left, stomp left forward

## **STOMP BALL CHANGE, STOMP BALL CHANGE, SHUFFLE, SHUFFLE**

- 1-2** Stomp right forward, step left beside right
- &3-4** Step left back, step forward right, step left beside right
- 5&6** Shuffle forward right-left-right (angle body slightly right with right hand lasso)
- 7&8** Shuffle forward left-right-left (angle body slightly left with left hand lasso)

## **STEP, SCUFF/TURN, STEP, SCUFF/TURN, FOOT SWIVELS FORWARD RIGHT-LEFT-RIGHT-LEFT**

- 1-4** Step forward right, scuff left forward in an arc making  $\frac{1}{2}$  turn left, step forward left, scuff right forward in an arc making  $\frac{1}{4}$  turn left
- 5-8** Step right forward 45 degrees, step left forward 45 degrees (these should be done as a swivel on the balls of both feet), repeat

## **ROCK RIGHT, $\frac{1}{4}$ LEFT, FULL TURN TRIPLE STEP, SHUFFLE KICK BALL CHANGE**

- 1-2** Rock/step right to right, making  $\frac{1}{4}$  turn left replace weight on left
- 3&4** Making a full turn left step right-left-right
- 5&6** Shuffle forward left-right-left
- 7&8** Kick right forward, step right beside left, step left beside right

**REPEAT**

**TAG**

**On the third wall, dance only counts 1-64, then restart.**