

Four Minutes

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Count: 32 **Wall:** 4 **Level:** Intermediate

Choreographer: Merete Sevel (30/03/2008)

Music: Four Minutes by Madonna Ft. Justin Timberlake

Start after 16 counts.

Cross behind, Unwind full turn R, Out-out, Pop knee, ¼ turn L, Coaster step

- 1 Cross R behind L
- 2-3 Unwind full turn Right (end with weight on L)
- &4 Small steps out - out (R, L)
- &5 Pop R knee in then out
- 6 1/4 turn Left on both feet (end with weight on R)**
- 7&8 Coaster step with prep (L - R - L) (9.00)

Full turn R, 1/4 turn R, Chassé, Step, 3/4 spin turn L

- 1 Step fw on R making 1/4 turn Right
- 2 Step bw on L making 1/4 turn Right
- 3 Step fw on R making 1/2 turn Right (9.00)
- 4 Step fw on L
- 5&6 1/4 turn chassé to the Right (12.00)**
- & Small step fw on L
- 7 Turn 3/4 turn Left on ball of L (3.00)
- 8 Step R next to L (weight on R)

Hitch/slap x 2, Funky steps x 2, Shoulder pops, ¼ turn L lock step back

- &1 Hitch L and slap it with L hand (&), touch L down (1)
- &2 Hitch L and slap it with L hand (&), step down on L (2)
- 3-4 Funky steps fw R - L
- 5&6 Pop shoulders R - L - R (weight on R)

7&8 1/4 turn Left on ball of R locking L across R (7), step R bw, lock L over R (12.00)

Make 1/4 turn L x 2, Hitch, Cross, Step back, 1/4 turn R, Cross, Unwind full turn, Sweep

1 1/4 turn Left step back on R

2 1/4 turn Left step fw on L (6.00)

3 Hitch R around

4 Cross R over L

5 Small step back on L

& 1/4 turn Right on R (9.00)

6 Cross L over R

7 Unwind full turn Right (weight on L)

8& Sweep R around

Finish:

Instead of unwinding a full turn just unwind 3/4 turn (7) and point R to Right side (8) (12.00)