

Mannequin Silhouette

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Count: 104

Wall: —

Level: Phrased - Fun for all Levels

Choreographer: Trizia Ruggiero [Dec 2016]

Music: Silhouette / Tom Odell

This dance has a long intro, there are 36secs and then a hard beat kicks in-count intro from this point 32 counts.

SEQUENCE A/B/A/B/TAG/ B/TAG

SECTION A: 80 counts

A1 -SIDE MAMBOS

- 1&2** Rock R to side- weight onto ball of L- replace R beside L
- 3&4** Rock L to side - weight onto ball of R- replace L beside R
- 5&6** Rock R to side -weight onto ball of L- replace R beside L
- 7&8** Rock L to side - weight onto ball of R- replace L beside R

A2 -JAZZ BOX TOE STRUTS

- 1-2** Cross R toe over L- step heel down
- 3-4** **step L toe back- step heel down**
- 5-6** Step R toe to side - step heel down
- 7-8** Step L toe beside R- step heel down

A3- MONTEREY HALF TURNS

- 1-2-3-4** Point R to side-half turn over R- point L to side- place L beside R
- 5-6-7-8** Point R to side - half turn over R- point L to side- Place L beside R

A4- REPEAT A1

A5-REPEAT A2

A6- MONTEREY QUARTER TURN/ MONTEREY HALF TURN

- 1-2-3-4** Point R to side -quarter turn over R- point L to side - Place L beside R [3.00]
- 5-6-7-8** Point R to side- half turn over R- point L to side- place L beside R [9.00]

A7- ROCK HALF TURN SHUFFLE X2

1-2 Rock forward on R -replace weight onto L making half turn R

3&4step forward R-step L behind R- step R forward

5-6 Rock forward on L - replace weight onto R making half turn L

7&8step forward L- step R behind L- step L forward

A8- ROCK COASTER X2

1-2 Rock forward on R- replace weight onto L

3&4step R back [3] weight onto ball of L [&] step R forward [4]

5-6 Rock forward on L- replace weight onto R

7&8step back on L[7] weight onto ball of R [&] step forward on L

A9- REPEAT A7

A10- HALF TURN KICK BALL CHANGES-JAZZ BOX QUARTER TURN

1&2 Kick R forward [1] weight onto ball of L [&] replace weight onto R[2] making quarter turn L

3&4 Kick R forward [3] weight onto ball of L [&] replace weight onto R [4] making quarter turn L

5-8 Cross R over L-step back on L- step R to R side making quarter turn R - Step L beside R

SECTION B: 24 counts

B1- VINE- FULL TURN

1-4 Step R to R side- step L behind R- step R to R side- touch L beside R

5-8 Make a full turn to the L

B2- NIGHT CLUB- RUMBA BOX[1ST 4 COUNTS]

1&2 Step R to R side [1] Rock back on L[&] replace L beside R

3&4 Step L to L side[3] Rock back on R [&] replace R beside L

5-6 Step R to R side -step L beside R

7-8step R back - step L beside R

B3- RUMBA BOX [2ND 4 COUNTS] SLIDE -TOUCH- HIP BUMPS

1-2 Step L to L side- step R beside L

- 3-4** Step forward on L - step R beside L
- 5-6** Step R to R side- slide L up to R with a touch
- 7&8** Bump hips R-L-R

TAG

Hold your position for 32 counts [MANNEQUINS]

Bump hips R-L

Hold your position for 32 counts [MANNEQUINS]

END DANCE BY HOLDING POSITION

This dance has been inspired by my fun loving students who enjoy playing pranks on their instructor

Have Fun!

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