

Bear Valley Shuffle

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Count: 40

Wall: 4

Level: Beginner / Intermediate

Choreographer: Lora Schrock

Music: Toni Basil - 'Mickey'

1-4step right heel forward then back in place, step left heel forward then back in place

5-8right toe strut then right foot in place, left toe strut then left foot in place

9-16right step forward then left lock behind, right step forward then scuff left, left step forward then right lock behind, left step forward then scuff right

17-20step right back on diagonal, touch left beside right, step left back on diagonal, touch right beside left

21-24repeat steps 17-20

25-28step right forward rock, then recover on left, shuffle V2 turn right, left, right

29-32step left foot forward and tap heels 4 counts

33-36pivot $\frac{1}{4}$ turn to left on ball of left foot then step right foot in place while doing hip bumps, right, left, right, left

37-38pivot $\frac{1}{4}$ turn to right on ball of left foot then back shuffle right, left, right

39-40pivot $\frac{1}{4}$ turn to left on ball of right foot then side shuffle left right, left

REPEAT ABOVE STEPS THROUGH 4 WALLS, BEGIN TAG ON 5TH WALL

Tag - 16 counts on 2 walls, + 8 count full turn (40 counts total)

1-84 shuffles forward beginning with right foot

9-163 shuffles back beginning with right foot, then $\frac{1}{2}$ turn shuffle left,right,left

17-32repeat steps 1-16

1-8paddle turn each wall by pivoting with left foot and stepping with right

Begin Dance Again At Wall 1