

# Natalie Rocks

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**Count:** 32      **Wall:** 2      **Level:** Beginner / Low Intermediate

**Choreographer:** Claire Denney (March 2014)

**Music:** Stoney Lake Reels by Natalie MacMaster (iTunes)

**Intro: 32 count - Dance finishes 12:00 for a Ta Da !!**

**Sway, Sway, Side Shuffle, Sway, Sway, Side Shuffle**

- 1 - 2      Step right sway right, Recover on left sway left
- 3 & 4      Side shuffle right RLR
- 5 - 6      Step left sway left, Recover on right sway right
- 7 & 8      Side shuffle left LRL

**Cross, Step Back, Coaster, Cross, Step Back, Coaster**

- 1 - 2      Right cross over left, Left step back
- 3 & 4      Right step back, Left step beside right, Right step forward
- 5 - 6      Left cross over right, Right step back
- 7 & 8      Left step back, Right step beside left, Left step forward

**(Option: Coasters can be replaced by shuffle in place)**

**1/4 Step Right, Step Together, Right Kick Ball Change & Repeat**

- 1 - 2      Step 1/4 right, Left step beside right (3:00)
- 3 & 4      Right kick fwd, Right step ball of foot beside left, Left step beside right
- 5 - 6      Step 1/4 right, Left step beside right (6:00)
- 7 & 8      Right kick fwd, Right step ball of foot beside left, Left step beside right

**Bump & Bump, Bump & Bump, Syncopated Jazz Box**

- 1 & 2      Step right and bump hips RLR
- 3 & 4      Step left and bump hips LRL
- 5 - 6      Cross right over left, Step left back
- &      Step right beside left
- 7 - 8      Step left beside right, Touch right beside left

**(Option: 5 - 8 ordinary jazz box)**

**Enjoy**

**Contact: [claire.denney1@gmail.com](mailto:claire.denney1@gmail.com)**

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