

# Medicine

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**Count:** 64

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Magali CHABRET (Fr) May 2014

**Music:** Medicine, by Shakira Feat Blake Shelton [CD : Shakira, Deluxe Version, mars 2014] 124 bpm

## 32 counts intro

### Section 1 - SIDE, TOGETHER, R SHUFFLE FWD, PIVOT ½ TURN, L ROCK FWD, RECOVER

- 1-2 Step right to side - step left beside right
- 3&4 Step right forward - step left beside right - step right forward
- 5-6 Step left forward - pivot 1/2 turn right (6:00)
- 7-8 Rock forward on left - recover onto right

### Section 2 - L ROLLING VINE, POINT, ¼ TURN R, CROSS, SWEEP OUT, L CROSS SHUFFLE

- 1-2-3 1/4 turn left stepping left forward - 1/4 turn left stepping right to side - 1/2 turn left stepping left beside right (6:00)
- 4-5-6 Point right to side - 1/4 turn right & cross right over left - Sweep left from back to front (9:00)
- 7&8 Cross left over right - step right to side - cross left over right

### Section 3 - R ROCK, RECOVER, BEHIND SIDE CROSS, L ROCK, RECOVER, L COASTER STEP

- 1-2 Rock right diagonally right forward - recover onto left
- 3&4 Cross right behind left - step left to side - cross right over left
- 5-6 Rock forward on left - recover onto right
- 7&8 Step back on ball of left - step ball of right next to left - step left forward

### Section 4 - PIVOT ½ TURN, R TOE STRUT FWD, ½ TURN R, L TOE STRUT BACK, ½ TURN R, R SHUFFLE FWD

- 1-2 Step right forward - pivot 1/2 turn left (3:00)
- 3-6 Right Toe Strut forward (3-4) - 1/2 turn right making a left Toe Strut backward (5-6) (9:00)
- 7&8 1/2 turn right stepping right forward - step left next to right - step right forward (3:00)

### **Section 5 - L ROCKING CHAIR, STEP, LOCK, STEP, LOCK, STEP**

- 1-4 Rock forward on left – recover onto right – rock back on left – recover onto right
- 5-6 Step left forward – lock right behind left
- 7&8 Step left forward – lock right behind left – step left forward

### **Section 6 - R SCISSOR STEP, ¼ TURN R, ¼ TURN R, L SHUFFLE FWD, STEP**

- 1-2-3 Step right to side – step left next to right – cross right over left
- 4-5 1/4 turn right stepping back on left - 1/4 turn right stepping right forward (9:00)**
- 6&7 Step left forward – step right beside left – step left forward
- 8 Step right forward

### **Section 7 - STEP, ANCHOR STEP, ½ TURN L, PIVOT ½ TURN, SWAY R-L**

- 1 Step left forward
- 2&3 Cross right behind left (5th position) – step left in place – step right in place
- 4-5-6 1/2 turn left stepping left forward - step right forward - pivot 1/2 turn left (9:00)**
- 7-8 Step right to side with a sway to right – recover onto left with a sway to left

### **Section 8 - CROSS, SIDE, R SAILOR STEP, CROSS, SIDE, BEHIND SIDE CROSS**

- 1-2 Cross right over left – step left to side
- 3&4 Cross ball of right behind left – step ball of left to side – step right to side
- 5-6 Cross left over right – step right to side
- 7&8 Cross left behind right – step right to side – cross left over right (9:00)

#### **RESTARTS :**

**- during the 2nd wall, after 24 counts (Section 3), face to 6:00**

**- during the 4th wall, after 56 counts (Section 7), face to 12:00**

**Original Stepsheet of the choreographer - [galicountry76@yahoo.fr](mailto:galicountry76@yahoo.fr)**

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