

# Friends For A Lifetime

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**Count:** 48      **Wall:** 4      **Level:** Improver

**Choreographer:** Kathleen McManamon. Australia ( April 2017 )

**Music:** Friends For A Lifetime - Beccy Cole

## Cross Waltz x 2

**1-6**      Cross L over R, rock on to R, step on to L. Cross R over L, rock on to L, step on to R,.Cross L over R, rock on to R, step on to L. Cross R over L, rock on to L, step on to R.

## Fwd Point Hold, Back Point Hold, 1/2 Turn, Waltz Back

**7-18**      Step fwd on L, point R to side, Hold, Step back on R, point L to side, Hold, Waltz forward LRL turning 1/2 turn left, waltz back RL R. \*\*\*

## Fwd Tap Kick, Back Drag

**19-24**      Step fwd on L, tap R next to L, kick R fwd. Step back on R, drag L to R (2 counts)

## Fwd 1/4 Turn, Waltz Back

**25-30**      Waltz fwd LRL turning 1/4 left, waltz back RLR

## Step Slide, Step Slide

**31-36**      Step L to left, Slide R to L (2 counts). Step R to right, Slide L to R (2 counts)

## Diamond

**37-48**      Step fwd on L to 45deg turn 90deg left step RL. Step back on R turn 90deg left step LR, Step fwd on L turn 90deg left step RL, Step back on R turn 45deg left step LR ( 3 o'clock )

**\*\*\* Restart on wall 4 after count 18**

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