

# Hands Off!

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**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** The Girls (Maureen & Michelle)

**Music:** 'Piece Of Me' by Britney Spears (116 bpm) CD Single

## Intro: 16 counts

### HITCH, BACK, LEAN BACK, RECOVER, HITCH-BALL-BACK, TOUCH BACK, ½ PIVOT

- 1-2 Hitch right, step right back
- 3-4 Lean back onto right (bending right knee), recover forward onto left
- 5&6 Hitch right, step right back, step left back
- 7-8 Touch right back, pivot ½ turn right (weight on right)

### MAKE ¼ TURN, HIP BUMPS WITH GLANCES, BACK ROCK, TOUCH, ¾ SPIN TURN, STEP

- 9-10 Make ¼ turn right and bump hips left & look left, bump hips right & look right
- 11&12 Bump hips left, right, left & look left
- 13-14 Rock back on right, recover onto left
- 15&16 Touch right forward, on ball of left spin ¾ turn left, step right to right

### CROSS, HITCH, TOUCH WITH HIP BUMP, HITCH, BACK, LOOK BACK WITH HIP SLAP, STEP

- 17-18 Step left across right, hitch right
- 19-20 Touch right to right and push hips right, hitch right
- 21-22 Step right back, look back and slap right hand on right hip

### (alternative option: count 22: look back and click right fingers back)

- 23 Step left forward (looking forward)

### LOCK SHUFFLE, BRUSH-HITCH-CROSS, DIAGONAL BACK STEPS, CROSS, UNWIND ¾ TURN

- 24&25 Step right forward, lock left behind right, step right forward
- 26&27 Brush left forward, hitch left, step left across right
- 28-29 Step right diagonally back right, step left diagonally back left
- 30-32 Touch right across left, unwind ¾ turn left over 2 counts (weight

**Begin again.**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=74562](https://www.linedance.com/index.php?f=dance_view&id=74562)