

Cranked Up

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Count: 32 **Wall:** 4 **Level:** —

Choreographer: JR Landry - Jan 2017

Music: Crank It Up - Colt Ford

Kick R - Touch L, Kick L - Touch R, Step R 1/2 Turn L, Coaster LRL

- 1&2** Kick right foot forward, step on right, touch left foot back
- 3&4** Kick left foot forward, step on left, touch right foot back
- 5,6** Step forward with right foot, pivot left (leaving weight on your right foot)
- 7&8** Coaster step left right left

Shuffle foward x2 (RLR, LRL), Sailor step x2 (RLR, LRL)

- 1&2** Shuffle forward right left right
- 3&4** Shuffle forward left right left
- 5&6** Sailor step right left right
- 7&8** Sailor step left right left

Twist R, Twist L 1/4 turn L, Kick-ball change R, Bump step R, Bump step L

- 1,2** Staying on the balls of your feet, twist right (heels moving out left), twist left (heels moving out right), turning 1/4 turn left
- 3&4** Kick right foot forward, step on the ball of your right foot, transfer weight to left foot
- 5&6** Walk forward with right, bump hips right x2
- 7&8** Walk forward with left, bump hips left x2

Bump step R, Bump step L, Step R 1/2 L, Walk RL

- 1&2** Walk forward with right, bump hips right x2
- 3&4** Walk forward with left, bump hips left x2
- 5,6** Step forward right, 1/2 turn left
- 7,8** Walk forward right, walk forward left

END

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