

Losing Myself

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: David Sinfield (March 2012)

Music: Losing Myself by Will Young (110 BPM)

SIDE ROCK, CROSS SHUFFLE, ROCK ¼ TURN, LEFT SHUFFLE

- 1-2** Rock right to side, recover to left
- 3&4** Crossing chassé right, left, right
- 5-6** Rock left to side, step right into a ¼ turn right
- 7&8** Chassé forward left, right, left

STEP POINT, SAILOR SHUFFLE, BEHIND, POINT, CROSS SHUFFLE

- 1-2** Step forward right, point left to left
- 3&4** Step left behind right, step right to right, step left to left
- 5-6** Step left behind right, point left to left
- 7&8** Crossing chassé left, right, left

SIDE, CLOSE, SHUFFLE ¼ TURN RIGHT, STEP PIVOT, SHUFFLE ½ RIGHT

- 1,2** Step right to right side, cross left behind right
- 3&4** Step right to right side, close left beside right, make a ¼ turn right stepping forward on right
- 5,6** Step forward on left, make a ½ turn right.
- 7&8** Shuffle ½ turn right stepping left, right, left

½ TURN RIGHT, POINT, SAILOR SHUFFLE, BEHIND, SIDE, PADDLE TURN ¼ LEFT

- 1-2** Make a ½ turn right stepping right to right side, point left to left
- 3&4** Step left behind right, step right to right, step left to left
- 5-6** Cross right behind left, step left to left
- 7&8** Paddle ¼ turn left with hip rolls, touch right beside left