

Lay It All On Me

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Julie Carr , January 2018

Music: Lay It All On Me by Blackberry Smoke , iTunes

Walk x2 LR,L Forward Rocking chair, L Side rock recover, L sailor 1/2 turn

- 1-2** Walk forward twice L-R
- 3-4** Rock forward on L recover back on R
- 5-6** Rock out to L ,side recover side on R on R
- 7&8** Make a left Sailor 1/2 turn , cross L over R. (weight on left.

R & L Side Step touch x 2, R kick ball cross, R Side rock recover on L, R ball step to L .

- 1-2** Step R to R , touch L diagonal forward to L
- 3-4** Step L to L touch R diagonal forward ro R
- 5&6** Right kick ball cross L over R, (kick R forward recover weight on R step on L .

7-8R side rock out to R ,recover side L .(weight on L)

R Ball Side Step ,L Figure Eight,

- & 1-2** Bring R next to L step side L ,step R behind L
- 3-4** Step forward on L as you make 1/4 left turn as you step forward on R - (3 clock)
- 5-6** Make a 3/4 turn L ,weight on R (6 clock)

7-8L behind R step forward on R as you make 1/4 turn R . (9 clock)

L Forward Rock recover ,1/2 L Triple turn . R Forward rock recover,1/2 Triple turn.

1-2L forward rock, recover back on R

- 3&4** Make a 1/2 Triple turn L.

5-6, 7&8R forward rock recover back on L , triple 1/2 turn R (9 clock)

Thank you to my Boys for the track .xx

Last Update - 14th Feb. 2018