

PUDSEY'S PALAVA

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Count: 24 **Wall:** 4 **Level:** beginner

Choreographer: Ted Bowering

Music: Mama by The Spice Girls

- 1&2** Right foot kick forward (small kick), right foot step in place while lifting left foot, left foot step down
- 3&4** Repeat steps 1&2
- &5-6** Forward on right, left step beside right, hold 1 beat & clap
- &7&8** Right foot step back, left foot step beside right, right foot step back, left foot step beside right
- &9-10** Right foot step to right side, left foot cross in front of right, hold 1 beat & clap
- &11-12** Left foot step to left side, right foot cross in front of left, hold 1 beat & clap
- 13&** Right heel touch forward, right foot step beside left
- 14&** Left heel touch forward, left foot step beside right
- 15-16** Right heel touch forward, hold 1 beat & clap
- 17-18** Right heel tap forward twice
- 19&20** Right foot step forward, left foot slide up to right, right foot step forward
- 21-22** Left toe tap back twice
- 23&24** Left foot step back, right foot slide up to left, left foot step back making $\frac{1}{4}$ turn left

REPEAT