

Love Yourself

LINEDANCE.COM

Count: 32

Wall: 2

Level: Newcomer / Novice WCS

Choreographer: Kitija Vāvere – March 2016

Music: "Love Yourself" by Justin Bieber (BPM 100)

WALK, WALK, ROCK FORWARD, ROCK BACK, SIDE TOUCH, HEAD MOVEMENT, CROSS WEAVE

1RF Step forward

2LF Step forward

3RF Rock Forward

&LF Step in place

4RF Rock back

&LF Step in place

5RF Touch to R

6 Turn head L

7RF Step behind LF

&LF Step to L

8RF Step over LF

STEP $\frac{1}{4}$, SWEEP $\frac{1}{2}$, CROSS, SIDE, SIDE, STEP DIAGONALLY, BODY ROLL UP, STEP, CROSS

9LF Step $\frac{1}{4}$ to L (9:00)

10RF Sweep $\frac{1}{2}$ to L (3:00)

11RF Step over LF

&LF Step to L

12RF Step to R

13LF Step diagonally R

14RF Touch next to LF

15 Body roll up

&RF Step in place

16LF Cross over RF

ROCK STEP $\frac{1}{4}$, COLSTER STEP $\frac{1}{2}$, HIP CIRCLE, TURN $\frac{1}{4}$, BODY ROLL, STEP

17RF Step to R

18LF Step $\frac{1}{4}$ L

19RF Step behind LF

&LF Step side $\frac{1}{4}$ to L

20RF Touch to R

21 Sway hips to R

22RF Turn $\frac{1}{4}$ L (9:00)

23 Body roll down

24LF Step forward

SIDE ROCK, CROSS WEAVE, ROCK STEP $\frac{1}{4}$, STEP $\frac{1}{4}$, PIVOT TURN $\frac{1}{2}$

25RF Step to R

26LF Step to L

27RF Step behind LF

&LF Step to L

28RF Step over LF

29LF Step $\frac{1}{4}$ to L

&RF Step $\frac{1}{4}$ to L back

30LF Step forward

31RF Step forward

32RF Pivot turn $\frac{1}{2}$ L

Contact: kitija.vavere@inbox.lv

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=109693