

ISLA BONITA

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Count: 64 **Wall:** 4 **Level:** Intermediate

Choreographer: Roy Verdonk & Wil Bos (Mar 08)

Music: Squeeze up by feat. Teishan & Rod Fame (3 min 26sec)

Intro: 32 counts (appr. 18sec.)

Or Music: La Isla Bonita by Madonna

Right Shuffle, Rocking Chair, Left Shuffle, Rocking Chair

- 1&2** Step right forward, Close left next to right, Step right forward
- 3&4&** Rock left forward, Recover, Rock left back, Recover
- 5&6** Step left forward, Close right next to left, Step left forward
- 7&8&** Rock right forward, Recover, Rock right back, Recover

Jazz Box ¼ Turn, Heel, Toe, Jazz Box ¼ Turn, Cross Shuffle

- 1&2** Cross right over left, ¼ Turn right step back on left, Step right to right side
- 3-4** Touch left heel forward, Point left toes back
- 5&6** Cross left over right, ¼ Turn left step back on right, Step left to left side
- 7&8** Cross right over left, Step left to left side, Cross right over left

Toe, Heel, Flick, Cross Shuffle (x2)

- 1&2** Touch left toes next to right (left knee points right), Touch left heel next to right (left knee points left), Flick left back
- 3&4** Cross left over right, Step right to right side, Cross left over right
- 5&6** Touch right toes next to left (right knee points left), Touch right heel next to left (right knee points right), Flick right back
- 7&8** Cross right over left, Step left to left side, Cross right over left

Left Side Mambo, Right Forward Mambo, Shuffle ½ Turn, Coaster Step ½ Turn

- 1&2** Rock left to left side, Recover, Close left next to right
- 3&4** Rock right forward, Recover, Close right next to left
- 5&6** ¼ Turn left step left to left side, Close right next to left, ¼ Turn left step left forward

7&8 Step right forward, $\frac{1}{2}$ Turn left step left next to right, Step right forward

Kick & Touch, Sailor $\frac{1}{4}$ Turn, Samba Cross (x2)

1&2 Kick left forward, Step left next to right, Point right to right side

3&4 Cross right behind left, $\frac{1}{4}$ turn right step left to left side, Step right to right side

5&6 Cross left over right, Rock right to right side, Step left to left side

7&8 Cross right over left, Rock left to left side, Step right to right side

Step Forward, $\frac{1}{2}$ Turn Step Back, Touch (x2), Coaster Step, Heel, Hitch, Touch

1&2 Step forward on left, $\frac{1}{2}$ Turn left step back on right, Touch left next to right

3&4 Step forward on left, $\frac{1}{2}$ Turn left step back on right, Touch left next to right

5&6 Step back on left, Close right to left, Step left forward

7&8 Touch right heel forward, Hitch right knee, Touch right next to left

Skate (x4), Heel Jack (x2)

1-2 Skate right to right diagonal, Skate left to left diagonal

3-4 Skate right to right diagonal, Skate left to left diagonal

5&6& Cross right over left, Step left back, Touch right heel forward, Close right next to left

7&8& Cross left over right, Step right back, Touch left heel forward, Close left next to right

Cross Shuffle, Left Side Mambo, Right Forward Mambo, Shuffle $\frac{1}{2}$ Turn

1&2 Cross right over left, Step left to left, Cross right over left

3&4 Rock left to left side, Recover, Close left next to right

5&6 Rock right forward, Recover, Close right next to left

7&8 $\frac{1}{4}$ Turn left step left to left side, Close right next to left, $\frac{1}{4}$ Turn left step left forward

Start again and let the music touch your soul