

Life's About

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Count: 48 **Wall:** 4 **Level:** Improver

Choreographer: Dwight Meessen & Lee Hamilton - June 2017

Music: "Life's About To Get Good" by Shania Twain (album: Now)

Info: Start after 16 counts on vocals

Walk Fwd x2, Mambo Fwd, Coaster, Mambo Fwd Point

1-2RF step forward, LF step forward

3&4RF rock forward, LF recover, RF step slightly back

5&6LF step back, RF together, LF step forward

7&8RF rock forward, LF recover, RF point side

Behind Side Cross, Half Rumba Box Fwd, Toe Heel Stomp, Toe Heel Cross

1&2RF cross behind, LF step side, RF cross over

3&4LF step side, RF together, LF step forward

5&6RF touch toes beside turned inward, RF touch heel beside turned inward, RF stomp across

7&8LF touch toes beside turned inward, LF touch heel beside turned inward, LF cross over

Step Lock Step Bkw, Coaster, Vaudeville x2

1&2RF step back, LF lock across, RF step back

3&4LF step back, RF together, LF step forward

5&6&RF cross over, LF step slightly left back, RF dig heel right forward, RF together

7&8&LF cross over, RF step slightly right back, LF dig heel left forward, LF together

Pivot ½ L, Diag. Step Lock Step Fwd x2, Diag. Fwd, Touch, Diag. Back, Hook

1-2RF step forward, R+L ½ turn left

3&4RF step right forward, LF lock behind, RF step forward

5&6LF step left forward, RF lock behind, LF step forward

7&8&RF step right forward, LF touch beside, LF step left back, RF hook across [6]

Rock Fwd Recover, Ball Back, Back, Rock Back Recover, Ball Fwd, Fwd

1-2RF rock forward, LF recover

&3-4RF step beside on ball foot, LF step back, RF step back

5-6LF rock back, RF recover

&7-8LF step beside on ball foot, RF step forward, LF step forward [6]

Rock Side Recover, Behind, $\frac{1}{4}$ L Fwd, Fwd, Rock Fwd Recover, Shuffle $\frac{1}{2}$ L

1-2RF rock side, LF recover

3&4RF cross behind, LF $\frac{1}{4}$ left step forward, RF step forward

5-6LF rock forward, RF recover

7&8LF $\frac{1}{4}$ left step side, RF step beside, LF $\frac{1}{4}$ left step forward [9]

Start again

TAG: After the 1st, 3rd and 5th wall:

Mambo Fwd, Coaster

1&2RF rock forward, LF recover, RF step slightly back

3&4LF step back, RF together, LF step forward