

# Hard Living

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**Count:** 32                      **Wall:** 4                      **Level:** Easy Intermediate

**Choreographer:** Justine Brown UK (June 2012)

**Music:** Life Keeps Bringing Me Down - Alan Jackson, [30 Miles West]

## **Introduction: 36 count intro, start on vocal**

### **Tap, Tap, Tap, Ball Change, Walk, Walk, Walk, Hitch Turn .**

- 1 - 2            Tap Right Foot Forward, Tap Right Foot to Right Side.
- 3 & 4           Tap Right Foot Back, Step Back on Ball of Right Foot, Step Left Forward.
- 5 - 6           Walk Forward on Right, Walk Forward on Left.
- 7 - 8           Walk Forward on Right, Hitch Left whilst turning  $\frac{1}{2}$  Over Left shoulder.

### **Back Rock, Recover, Left Shuffle, Cross, Point, Cross, Point.**

- 1 - 2           Left Rock Back, Recover Forward onto Right.
- 3 - 4           Step Left Forward, Step Right beside Left, Step Left Forward.
- 5 - 6           Cross Right over Left, Point Left to Left Side.
- 7 - 8           Cross Left over Right, Point Right to Right Side.

### **Jazz Box $\frac{1}{4}$ Turn, Hitch, Step, Hitch $\frac{1}{2}$ Turn, Step, Hitch $\frac{1}{2}$ Turn.**

- 1 - 2           Cross Right over Left,  $\frac{1}{4}$  Turn Right stepping Left Back.
- 3 - 4           Step Right Side, Hitch Left & Clap.
- 5 - 6           Step Back on Left, Turn  $\frac{1}{2}$  over Right while Hitching Right & Clap.
- 7 - 8           Step Right Forward, Turn  $\frac{1}{2}$  over Right while Hitching Left & Clap.

### **Step, Pivot $\frac{1}{4}$ Turn, Cross, Hold, $\frac{3}{4}$ Rolling Turn Left**

- 1 - 2           Step Left Forward, Pivot  $\frac{1}{4}$  Right.
- 3 - 4           Cross Left over Right, Hold
- 5 - 6 $\frac{1}{4}$  turn Left stepping Right foot back,  $\frac{1}{2}$  Turn Left stepping Left foot Forward.**
- 7 - 8           Step Right Forward, Step Left Forward.

### **The Restarts:-**

**During Wall 3 - Dance up to count 19 (Jazz box turn) Replace Hitch (Ct20) with a Step Forward then Restart - facing 3:00**

**During Wall 8 - Dance up to count 4 (tap, tap, tap, ball change) then Restart - facing 12:00**

**During Wall 11 - Dance up to count 4 (tap, tap, tap, ball change) then Restart - facing 9:00**

**Each restart falls after a short instrumental break... Trust me... 'You'll Feel it'**

**Just a note: Thanks to The Facebook Community for your dance title ideas.**

**And my special friends who bought this brilliant Album for me.**

**Contact: [www.justinebrown.co.uk](http://www.justinebrown.co.uk)**