

# No Stoppin' Us

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**Count:** 32                      **Wall:** 4                      **Level:** Absolute Beginner

**Choreographer:** Graham Mitchell - April 2016

**Music:** Aint no Stoppin' us Now by Mcfadden & Whitehead. Album: 80's Groove

## **Alternative music : Baby likes to Rocket by The Tractors**

### **Section 1: (1-8) RIGHT TOUCH, LEFT TOUCH, GRAPEVINE RIGHT TOUCH**

- 1-2            Step Right to Right side, Touch Left beside Right
- 3-4            Step Left to Left side, Touch Right beside Left
- 5-6            Step Right to right side, Step Left behind Right
- 7-8            Step Right to right side, Touch Left beside Right

### **Section 2: (1-8) GRAPEVINE ¼ LEFT BRUSH, STEP BRUSH, STEP BRUSH**

- 1-2            Step Left to Left side, Step Right behind Left
- 3-4            Step Left to left side making ¼ turn left, Brush right beside left
- 5-6            Step forward Right, Brush left beside Right
- 7-8            Step forward Left, Brush Right beside Left

### **Section 3: (1-8) RIGHT ROCKING CHAIR, SIDE TOGETHER SIDE TOUCH**

- 1-2            Rock forward Right, Recover Left
- 3-4            Rock back Left, Recover Right
- 5-6            Step Right to right side, Step left beside Right
- 7-8            Step Right to right side, Touch Left beside Right

### **Section 4: (1-8) SIDE TOGETHER SIDE TOUCH, RIGHT ROCKING CHAIR**

- 1-2            Step Left to left side, Step Right beside left
- 3-4            Step left to Left side, Touch Right beside Left
- 5-6            Rock forward Right, recover Left
- 7-8            Rock back Right, recover Left

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