

GET OVER YOURSELF

LINEDANCE.COM

Count: 40

Wall: 4

Level: intermediate

Choreographer: Leonie Smallwood

Music: Get Over Yourself by Shedaisy

INTRO: 30 beats in, on count 'se-ven-&a-8-&' or 'na na na na na', shrug shoulders - right, left, right, left, right, left

VINE RIGHT, LEFT, HEEL & TOE TOUCHES

- 1&2&** Step right to right side, step left in front of right, step right to right side, touch left heel to left 45
- 3&4&** Step left to left side, step right in front of left, step left to left side, touch right heel to right 45
- 5&6&** Step right in place, touch left toe behind right, replace left, touch right heel in place
- 7&8&** Repeat

STEP KICK IN A CIRCLE, STEP PIVOT TURN STEP

- 1&2&** Step right in place, kick left forward, step left forward to turn $\frac{1}{4}$ right, kick right forward
- 3&4&** Step right in place to turn $\frac{1}{4}$ right, kick left forward, step left forward to turn $\frac{1}{4}$ right, kick right forward
- 5-6-7-8** Step right forward, step left forward, pivot $\frac{1}{2}$ turn right (weight on right), step left forward

ROCK RETURN (RIGHT, LEFT), PIVOT $\frac{1}{2}$ TWICE

- 1-2&3-4&** Step/rock right to right side, rock return weight to left, step right beside left, step/rock left to left side, rock return weight to right, step left beside right
- 5-6&7-8** Step right forward, pivot $\frac{1}{2}$ turn left (weight on left), step right together, step left forward pivot $\frac{1}{2}$ turn right (weight on right)

CROSS WALK, SHOULDERS

- 1-2-3-4** Step left across in front of right, step right across in front of left, step left across in front of right, touch right toe behind left
- 5-6-7&8** Step right back, step left beside right (apart), shrug right shoulder, left shoulder, pull both feet together (weight to right)

TURN & COASTER

1-2-3-4 Step left forward, pivot ½ turn right (weight on right), step left, right to turn ½ right

5&6-7-8& Left coaster step, step right forward, step left beside right (apart), flick right heel up towards left

REPEAT

TAG

On the third wall do counts '1&2&3&4&5&6&' then do the intro & restart

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=53690