

# NOT NSYNC

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**Count:** 32

**Wall:** 2

**Level:** beginner/intermediate

**Choreographer:** John Lindsay & Mike Raposa

**Music:** Dance & Shout by Shaggy

## KICK REPLACEMENTS, ½ TURN, RIGHT & LEFT SHUFFLES

- 1& Point right foot forward, bring right foot home
- 2& Point left foot forward, bring left foot home
- 3 Step right foot forward
- 4 Pivot ½ turn left
- 5&6 Step right foot forward, step left foot to right, step right foot forward
- 7&8 Step left foot forward, step right to left, step left foot forward

## ¼ TURN LEFT, SASSY WEIGHT CHANGES, ¼ TURN LEFT

- 1 Step right foot forward
- 2 Pivot ¼ turn left ending with weight on left
- 3 Step right to right side as you bring left foot to right
- 4 Step left to left side as you bring right foot to left
- 5 Lunge to right side turning towards left diagonal
- 6 Hold
- 7 Flex knees and extend right hip
- 8 Roll weight onto left as you extend left hip completing a ¼ turn to left

## FULL TURNING HITCH TURNS, SKATE, LEFT SIDE SHUFFLE, ¼ TURN LEFT

- &1 Hitch right knee across front, right toe touch as you pivot ¼ turn left
- &2 Hitch right knee across front, right toe touch as you pivot ¼ turn left
- &3 Hitch right knee across front, right toe touch as you pivot ¼ turn left
- &4 Hitch right knee across front, right toe touch as you pivot ¼ turn left
- 5 On ball of left foot swivel towards right diagonal as you step onto right
- 6 On ball of right foot swivel towards left diagonal as you step onto left
- 7 On ball of left foot swivel towards right diagonal as you step onto right

- 8&** Step left to left side, step right beside left
- 1** Step left to left side as you pivot  $\frac{1}{4}$  turn left

**$\frac{1}{2}$  TURN LEFT, SWEEP, LOCK STEP BACK,  $\frac{3}{4}$  SWIVEL TURN**

- 2** Step forward on right
- &** Pivot  $\frac{1}{2}$  turn left keeping weight on right
- 3** Sweep left foot from front towards back
- 4** Step back on left
- &** Cross right over left
- 5** Step back on left
- 6** Cross right foot over left
- 7** Swivel heels towards right
- &** Swivel heels towards left
- 8** Swivel heels towards right completing  $\frac{3}{4}$  turn to left

**REPEAT**