

# MY NUMBER ONE

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**Count:** 64

**Wall:** 2

**Level:** intermediate

**Choreographer:** Jan Wyllie

**Music:** My Number One by BZN

## STEP TAP, ROCK & ACROSS, ROCK & ACROSS, ROCK & ACROSS

- 1-2** Step forward on left towards right diagonal, tap right beside left
- 3&4** Rock/step right to right, return weight to left, step right across left
- 5&6** Rock/step left to left, return weight to right, step left across right
- 7&8** Rock/step right to right, return weight to left, step right across left

## STEP TOGETHER, SHUFFLE BACK, ¼ ROCK RETURN, & ROCK RETURN

- 9-10-11&12** Step left to left, step right beside left, shuffle back left, right, left
- 13-14** Making ¼ right rock/step right to right side, rock weight sideways onto left
- &15-16** Step right beside left, rock/step left to left, rock/return weight to right

## CROSS SHUFFLE, ½ TURN, SHUFFLE FORWARD, ¾ TURN

- 17&18-19-20** Cross/shuffle to the right left, right, left making ½ turn left step right, left
- 21&22-23-24** Shuffle forward right, left, right step forward on left making ½ right, making ¼ right step right to right side

## ROCK RETURN, STEP BACK HOOK, ROCK RETURN, STEP TOUCH

- 25-26-27-28** Rock/step forward on left, rock back on right, step back on left, hook right across left
- 29-30-31-32** Rock/step forward on right, rock back on left, step back on right, touch left beside right

## TOUCH HOLD, HEEL TOUCH HEEL TOUCH, STEP TOUCH, STEP TOUCH

- 33-34-35-36** Touch left toe to left side, hold, touch left heel across right, touch left heel to left
- 37-38-39-40** Step left across right, touch right toe to right side, step right across left, touch left toe to left side

## ROCK RETURN, ½ TURN SHUFFLE, ¼ TURN SHUFFLE, ½ TURN SHUFFLE

- 41-42-43&44** Rock/step forward on left, rock back on right making ½ turn left shuffle forward left, right, left
- 45&46** Making a ¼ turn left shuffle back right, left, right (back to 3:00)

**47&48** Making a ½ turn left shuffle forward left, right, left (facing 3:00)

**STEP PIVOT ¼, ROCK RETURN, BACK LOCK SHUFFLE, ROCK RETURN**

**49-50-51-52** Step forward on right, pivot ¼ left transferring weight to left, rock forward on right, rock back on left

**53&54-55-56** Step back on right, lock/step left over of right, step back on right, rock back on left, rock forward on right

**FORWARD LOCK/SHUFFLE, STEP PIVOT ½, TOUCH STEP ACROSS, TOUCH HOLD**

**57&58** Step forward on left, lock/step right behind left, step forward on left

**59-60** Step forward on right, pivot ½ left transferring weight to left

**61-62** Touch right toe back towards right corner, step right over left

**63-64** Touch left toe back to left corner, hold

**REPEAT**

**RESTART**

**There is a restart on wall 4 after count 32**

**Music slows on last wall. Just 'hold' on count 33 and restart the dance from count 37 when they sing the word "one".**