

Ik Leef Van Rock and Roll

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Count: 48

Wall: 2

Level: Newcomer - Non Country

Choreographer: Tjwan Oei (February 2018)

Music: Ik leef van rock and roll - by Wendy Whoop

#01: Step diag. right forward - Lock - Step forward - Scuff fwd. - Step diag. left forward - Lock - Step forward - Scuff fwd.

1-2RF. step diagonally right forward - LF. lock behind RF.

3-4RF. step forward - LF. scuff forward

5-6LF. step diagonally left forward - RF. lock behind LF.

7-8LF. step forward - RF. scuff forward

#02: Rocking chair - Pivot ½ turn left - Pivot ¼ turn left

1-2RF. rock forward - Recover weight onto LF.

3-4RF. rock back - Recover weight onto LF.

5-6RF. step forward - RF./LF. pivot ½ turn left [06]

7-8RF. step forward - RF./LF. pivot ¼ turn left [03]

#03: Step diag. right forward - Lock - Step forward - Scuff fwd. - Step diag. left forward - Lock - Step forward - Scuff fwd.

1-2RF. step diagonally right forward - LF. lock behind RF.

3-4RF. step forward - LF. scuff forward

5-6LF. step diagonally left forward - RF. lock behind LF.

7-8LF. step forward - RF. scuff forward

#04: Jazz box - Jazz box with ¼ turn right

1-2RF. cross over LF. - LF. step back

3-4RF. step to right side - LF. step together beside RF.

5-6RF. cross over LF. - LF. step back

7-8RF. step ¼ turn to right side - LF. step together beside RF. [06]

#05: Vine to right side - Heel touch - Vine to left side - Heel touch

1-2RF. step to right side - LF. cross behind RF.

3-4RF. step to right side - LF. touch heel to left side

5-6LF. step to left side - RF. cross behind LF.

7-8LF. step to left side - RF. touch heel to right side

#06: Kick forward (twice) - Step back (R - L) - Step out (R - L) - Step in (R - L)

1-2RF. kick forward - RF. kick forward

3-4RF. step back - LF. step back

5-6RF. step out to right side - LF. step out to left side

7-8RF. step in to centre - LF. step in to centre

TAG : After wall one - Wall two - Wall four and wall five .

Jump with both feet out and in (in eight counts) on place .

1-2 Jump with both feet out – Jump with both feet in

3-4 Jump with both feet out – Jump with both feet in

5-6 Jump with both feet out – Jump with both feet in

7-8 Jump with both feet out – Jump with both feet in

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