

BUMPIN' & A SWINGIN'

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Count: 32

Wall: 4

Level: beginner/intermediate east coast swing

Choreographer: Double Trouble

Music: Tailgate by Neal McCoy

LINDY RIGHT, LINDY LEFT

- 1&2 Shuffle side right (right, left, right)
- 3-4 Rock back on left, in place on right
- 5&6 Shuffle side left (left, right, left)
- 7-8 Rock back on right, in place on left

TOE STRUT FORWARD RIGHT, LEFT, BOOGIE WALK RIGHT, LEFT, RIGHT, LEFT

- 1-4 Toe strut forward right, toe strut forward left
- 5-8 Boogie walks forward right, left, right, left

ROCK RECOVER $\frac{1}{4}$ TURN RIGHT, SIDE SHUFFLE, ROCK RECOVER, COASTER LEFT

- 1-2 Rock forward right, recover weight on left
- 3&4 Make a $\frac{1}{4}$ right, while doing a side shuffle (right, left, right)
- 5-6 Rock forward left, recover weight on right
- 7&8 Coaster step back (left, right, left)

WALK, WALK, SAILOR STEP, (ANCHOR STEP), STEP $\frac{1}{2}$ TURN LEFT ONTO LEFT, SIDE RIGHT, LEFT COASTER

- 1-2 Walk forward right, walk forward left
- 3&4 Right sailor (right, left, right) (basic west coast anchor step)
- 5-6 Step back on left while a $\frac{1}{2}$ turn left, step to side with right
- 7&8 Left coaster step back (left, right, left)

REPEAT

TAG

After wall 5 and after wall 11, repeat the last 8 counts