

EASY DOES IT

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Count: 16 **Wall:** 4 **Level:** beginner

Choreographer: Cato Larsen

Music: The Anthem by NG3

WALK FORWARD, MAMBO ROCK, POINT, ¼ TURN, HEAD TURN, TOGETHER, SIDE

- 1-2** Step forward on right, step forward on left
- 3&4** Step forward on right, rock (recover) back onto left, step back on right
- 5-6** Point left toe back, pivot body (not the head) ¼ turn left
- 7&8** Turn head ¼ turn left, step right beside of left, step left to left side

BACK, TAP, FORWARD, OUT, PUNCH ARMS FORWARD, PELVIC THRUSTS

- 1-2** Step back on right, tap left toe to floor in front

Arms: punch left arm straight forward, sweep right arm over your head as if you are combing your hair with your fingers

- 3-4** Step forward on left, step right slightly to right side
- 5-6** Reach forward with left arm, reach forward with right arm (as if you were grabbing the hips to the person in front of you)
- 7-8** Push hips forward & back twice

REPEAT