

# Mi Media Mitad

LINEDANCE.COM

**Count:** 64

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Ayu Permana , IDS (INA), June 2014

**Music:** Mi Media Mitad by Rey Ruiz

**Start on vocal**

## **SESSION 1. BACK MAMBO - HOLD - FORWARD MAMBO - HOLD (12.00)**

**1 - 2 - 3 - 4** Step/rock R backward - Recover on L - Step R next to L - Hold

**5 - 6 - 7 - 8** Step/rock L forward - Recover on R - Step L next to R - Hold

## **SESSION 2. BEHIND - CROSS - SIDE - HOLD - ¼ TURN - FORWARD - ½ TURN - HOLD (03.00)**

**1 - 2 - 3 - 4** Step R behind L - Cross L over R - Step R to right side - Hold

**5 - 6 - 7 - 8** Turn ¼ left step L forward (09.00) - Step R forward - Turn ½ left step L next to R (03.00) - Hold

## **SESSION 3. FORWARD LOCKSTEP - HOLD - CROSS - RECOVER - ¾ TURN - HOLD (06.00)**

**1 - 2 - 3 - 4** Step R forward - Step L behind R - Step R forward - Hold

**5 - 6 - 7 - 8** Cross/rock L over R - Recover on R - Turn ¾ left step L forward (06.00) - Hold

## **SESSION 4. ( 2X ) CHASSE & HEEL TOUCH (06.00)**

**1 - 2 - 3 - 4** Step R to right side - Step L close to R - Step R to right side - Touch L heel forward

**5 - 6 - 7 - 8** Step L to left side - Step R close to L - Step L to left side - Touch R heel Forward

**\* Restart on Wall 4 ..**

## **SESSION 5. ¼ COASTER TURN - HOLD - FORWARD - ¾ TURN - HOLD (06.00)**

**1 - 2 - 3 - 4** Sweep and step R behind L making ¼ turn right (03.00) - Step L next to R - Step R forward - Hold

**5 - 6 - 7 - 8** Step L forward - Turn ½ right on R (09.00) - Turn ¼ right step L to left side (06.00) - Hold

**\*\* Restart on Wall 7 ...**

## **SESSION 6. ( 2X ) BEHIND - CROSS - SIDE - HOLD (06.00)**

**1 - 2 - 3 - 4** Step R behind L - Cross L over R - Step R to right side - Hold

**5 - 6 - 7 - 8** Step L behind R - Cross R over L - Step L to left side - Hold

**SESSION 7. ( 2X ) BACK MAMBO - HOLD (06.00)**

**1 - 2 - 3 - 4** Step/rock R backward - Recover on L - Step R next to L - Hold

**5 - 6 - 7 - 8** Step/rock L backward - Recover on R - Step L next to R - Hold

**SESSION 8. FORWARD - RECOVER - ½ TURN - HOLD - FORWARD - ½ TURN - FORWARD - HOLD (06.00)**

**1 - 2 - 3 - 4** Step/rock R forward - Recover on L - Turn ½ right step R forward (12.00) - Hold

**5 - 6 - 7 - 8** Step L forward - Turn ½ right step R close to R (06.00) - Step L slightly forward - Hold

**REPEAT**

**TAGS: At the end of wall 2 and 5:**

**( 2X ) SIDE MAMBO - HOLD**

**1 - 2 - 3 - 4** Step/rock R to right side - Recover on L - Step R next to L - Hold

**5 - 6 - 7 - 8** Step/rock L to left side - Recover on R - Step L next to R - Hold

**RESTARTS:**

**\* 1st Restart: Wall 4 after 32 counts**

**\*\* 2nd Restart: Wall 7 after 40 counts**

**ENJOY AND HAPPY DANCING ...**

**Contact person: [permanaayu@yahoo.com](mailto:permanaayu@yahoo.com)**