

HEY DJ

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Count: 64

Wall: 4

Level: Intermediate

Choreographer: Ria Vos (Nov '07)

Music: "Get It On" Intenso Project feat. Lisa Scott (3 min.30 sec) Album: Get It On or Now dance 2005

Intro : 32 Counts

Rock Forward, Together, Shuffle Forward, Touch Forward, Touch Side, Ball-Cross, Hitch

1-2& Rock Forward R, Recover on L, step R next to L

3&4 Left shuffle forwards

5-6 Touch R toe forward, Touch R toe to side

&7 Step on ball of R next to L, Cross L over R

8 Lean over to your left, Hitch R to side

Sailor Steps Right & Left, Cross Behind, Unwind ½ Turn Right, Cross Rock

1&2 Cross R behind L, step L to left side, step R to right side

3&4 Cross L behind R, step R to right side, step L to left side

5-6 Cross R behind L, unwind ½ turn right weight ending up on R

7-8 Cross rock L over R, recover on R

(&) Cross Rock, & Cross Step, ¼ turn Left Step Back, Shuffle Backwards, Rock Back

&1-2 Close L next to R, Cross rock R over L, recover on L

&3-4 Close R next to L, Cross step L over R, ¼ Turn left step back on R

5&6 Left shuffle backwards

7-8 Rock back on R, recover on L

½ Turn Left x2, Pivot ½ Turn Left, & Step Hitch, Touch Back, ¼ Turn Right

1-2 ½ Turn left step R back, ½ Turn left step L forward

3-4 Step forward R, Pivot ½ turn left weight ending up on L

&5-6 Step on ball of R next to L, Step L forward, Hitch R forward

7-8 Touch R toe back, ¼ Turn right step down on R

(&) Side, Hitch, Touch, ¼ Turn Left, Step, Scissor Step, Hitch-Ball-Cross

- &1-2** Step L next to R, step R to right side, Hitch L across R
- 3-4** Touch L toe to left side, ¼ Turn left step down on L
- 5** Step R forward
- 6&7** Step L to left side, Step R next to L, Cross step L over R
- 8&1** Hitch R to right side, Step on ball of R next to L, Cross step L over R

Step Back, ¼ Turn L, Hold, & Cross, Kick, Cross Touch, ½ Turn Left

- 2-3** Step R back, ¼ Turn L step L to Left side
- 4** Hold
- &5-6** Step on ball of R next to L, Cross L over R, Kick R diagonally forward
- 7-8** Touch R across L, ½ turn left weight stays on L (**Restart Point)

Diagonal Shuffle Right, Skate, Skate, Diagonal Shuffle Left, Hip Up, ¼ turn Left Hip Down

- 1&2** Right shuffle to right diagonal
- 3-4** Skate L to left, skate R to right
- 5&6** Left shuffle to left diagonal

7 small step R to right side - push hip up (Option: R arm up)

8 ¼ Turn left pushing R hip down bending knees, L toes pointing forward (Option: R arm down)

Hips Up & Down, Step, Sweep ½ Turn Left, Cross Rock, Side step, Together

- 1-2** Push L hip Up and R hip down bending knees
- 3-4** Step L forward, sweep R ½ turn left
- 5-6** Cross rock R over L, recover on L
- 7-8** Big step R to right side, step L next to R

Begin again.

Restart: On wall 3, dance up to count 48 and restart the dance facing the back wall