

**Count:** 32                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** Louise Elfvengren - Jan 2017

**Music:** Hurt by Bouke

**Intro: Start when he begin singing hurt (4 seconds)**

**(I HAVE A BROKEN FOOT SO I CAN'T MAKE A DEMO)**

## **SECTION 1: CROSS ROCK, COASTER STEP, PIVOT ½ LEFT, SHUFFLE FW**

- 1-2**            Cross left over right, recover back on right
- 3&4**           Step back on left, step right beside left, step forward on left
- 5-6**           Step forward on right, turn ½ left stepping down on left (6)
- 7&8**           Step forward on right, step left beside right, step forward on right

## **SECTION 2: ROCK FW, COASTER STEP, ROCKING CHAIR**

- 1-2**            Rock forward on left, recover back on right
- 3&4**           Step back on left, step right beside left, step forward on left
- 5-8**           Rock forward on right, recover back on left, rock back on right, recover back on left

## **SECTION 3: STEP FW TURN ¼ LEFT, CHASSE RIGHT, CROSS ROCK, CHASSE LEFT**

- 1-2**            Step right forward, turn ¼ left stepping down on left (3)
- 3&4**           Step right to right, step left beside right, step right to right
- 5-6**           Cross left over right, recover back on right
- 7&8**           Step left to left, step right beside left, step left to left

## **SECTION 4: PIVOT ½ LEFT, SHUFFLE FW, ROCKING CHAIR**

- 1-2**            Step right forward, turn ½ left stepping down on left (9)
- 3&4**           Step right forward, step left next to right, step right forward
- 5-8**           Rock forward on left, recover back on right, rock back on left, recover back on right