

# GOING THROUGH HELL

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**Count:** 32      **Wall:** —      **Level:** —

**Choreographer:** Al & Sandy Ord

**Music:** If You're Going Through Hell by Rodney Atkins

**Position:** Man Facing OLOD, Lady ILOD, double handhold. Opposite footwork. Man's listed

## SIDE ROCK, RECOVER, CROSS SHUFFLE

**1-2**      Rock right to right side, recover onto left

**3&4**      Cross step right over left, step left to left side, cross step right over left

## TRAVELING DOWN LOD - ROLLING 2 STEP $\frac{3}{4}$ TURN, FORWARD SHUFFLE

**Release hands on turns rejoin side by side facing LOD holding inside hands**

**5-6**      Step left to left side making  $\frac{1}{4}$  turn right, make a further  $\frac{1}{2}$  right stepping onto right

**7&8**      Step left forward, step right beside left, step left forward

## WALK, WALK, FORWARD SHUFFLE

**9-10**      Step right forward, step left forward

**11&12**      Step right forward, step left beside right, step right forward

## FULL FORWARD 4 STEP TURN

**Release hands on turn rejoin side by side facing LOD holding inside hands**

**13-16**      Step left forward making  $\frac{1}{4}$  turn left, step back onto right making  $\frac{1}{4}$  turn left, step left to left side making  $\frac{1}{4}$  turn left, step right forward making  $\frac{1}{4}$  turn left

## HEEL SWITCH, HEEL SWITCH, FORWARD SHUFFLE

**17&18&**      Touch left heel forward & step left beside right, touch right heel forward & step right beside left

**19&20**      Step left forward, step right beside left, step left forward

## HEEL SWITCH, HEEL SWITCH, FORWARD SHUFFLE

**21&22&**      Touch right heel forward & step right beside left, touch left heel forward & step left beside right

**23&24**      Step right forward, step left beside right, step right forward

## **ROCK RECOVER, SHUFFLE ½ TURN**

**Release hands on shuffle turn rejoin side by side facing RLOD holding inside hands**

**25-26** Rock forward onto left, recover back onto right

**27&28** Step back left making ¼ turn left, step right beside left, step onto left making a further ¼ turn left

## **ROCK ¼, RECOVER, CROSS ROCK, RECOVER**

**On ¼ rock rejoin trailing hands, finish facing double handhold ready to restart**

**29-32** Rock onto right making ¼ turn left, recover onto left, cross rock right over left, recover onto left

## **REPEAT**