

Before I Die (P)

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Count: 64 **Wall:** — **Level:** Improver Partner

Choreographer: Pierre-Jean CHEYNEL (Jan 2014)

Music: Sing Me Back Home by John Permenter

Start dancing on lyrics, - Side by side position

[1 - 8] Rumba Box, Hold, Rumba Box, Hold

1 - 4 Step left to side, step right next to left, step left forward, Hold

5 - 8 Step right to side, step left to right, step right back, Hold

[9 - 16] Rock Back Recover, Step with $\frac{1}{4}$ turn Right, Hold, Behind Side Cross, Hold

1 - 4 Rock Back on Left, Recover onto Right, $\frac{1}{4}$ Turn Right with Step left to side, Hold ?

5 - 8 Cross right Behind left, Step left to side, Cross right over left, Hold

* : Indian Position

[17 - 24] Long Step Side, Slide, RF beside Left, LF on place, Long Step Side, Slide, LF beside Right, RF on place

1 - 4 Long Step left to side , Slide RF next left, Step Right on Place, Step Left on Place,

5 - 8 Long Step right to side , Slide LF next right, Step Left on Place, Step Right on Place

[25 - 32] Man : Grapevine Left, Touch, Grapevine Right, Touch

[25 - 32] Lady : Rolling Grapevine Left, Touch, Rolling Grapevine Right, Touch

1 - 4 Step left to side, Cross right behind left, step left to side, Touch Right together

5 - 8 Step right to side, Cross left behind right, step right to side, Touch left together

1 - 2 Turn $\frac{1}{4}$ left and step left forward, turn $\frac{1}{2}$ left and step right back

3 - 4 Turn $\frac{1}{4}$ left and step left to side, Touch right together

5 - 6 Turn $\frac{1}{4}$ right and step right forward, turn $\frac{1}{2}$ right and step left back

7 - 8 Turn $\frac{1}{4}$ right and step right to side, Touch left together

[33 - 40] Coaster Step, Hold, Step, $\frac{1}{4}$ Turn Left, Step, Hold

1 - 4 Step left back, step right beside left, step left forward, hold

5 - 8 Step Right Forward, $\frac{1}{4}$ turn left, step right forward, hold (8) ??

**** : Side by Side**

[41 - 48] Man : Step, Lock, Step, Hold, Mambo Forward, Hold

[41 - 48] Lady : ½ Right X2, Step, Hold, Mambo Forward, Hold

- 1 - 4 Step left forward, lock right behind, Step left forward, hold
- 5 - 8 Rock forward on right, recover weight on left, step right beside left, hold
- 1 - 4 Turn ½ Right and step left back, Turn ½ Right and step right forward, Step Left forward, hold
- 5 - 8 Rock forward on right, recover weight on left, step right beside left, hold

[49 - 56] Long Step Side, Slide, RF beside Left, LF on place, Long Step Side, Slide, LF beside Right, RF on place

- 1 - 4 Long Step left to side , Slide RF next left, Step Right on Place, Step Left on Place,
- 5 - 8 Long Step right to side , Slide LF next right, Step Left on Place, Step Right on Place

[57 - 64] Rocking Chair, Left Jazz Box Cross

- 1 - 4 Rock left forward, recover onto right, Rock left back, recover onto right
- 5 - 8 Cross left over right, Step back on right, Step left to side, Cross right over left.

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