

HELP ME

LINEDANCE.COM

Count: 32

Wall: 1

Level: intermediate

Choreographer: Brett Johnston

Music: All For You by Janet Jackson

- 1&2** Kick right & step forward onto left
- 3-4** Turn $\frac{1}{4}$ turn over the right shoulder
- 5-8** Moon walks back or walk back right, left, right, left
- 9** Change weight
- 10** Turn $\frac{1}{4}$ turn over the left shoulder changing the weight at the same time
- 11-12** Step on the ball of the left foot turn $\frac{1}{4}$ turn over the left shoulder
- 13** Change the weight
- 14** Kick left on a diagonal to the left
- 15** Cross the left foot over the right
- 16** Touch right toe behind
- 17** Put weight on ball of right foot
- 18&** Turn over the left shoulder step on left foot
- 19** Step forward on the right foot
- 20&21** Step forward left, bring right to left step left forward
- 22** Step right out to right side
- 23** Step out on the left foot
- 24** Hold
- 25-27** Touch right hand on the left shoulder, touch right hand on right shoulder, bring hand down by your side
- 28-30** Repeat steps 25-27 using other hand

31 Cross arms above head

32 Bring arms down (at the same time change weight to left so you ready to kick on the right)

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=52110